

The Madisonian.

THE LOCAL NEWS OF THE MADISON VALLEY, RUBY VALLEY AND SURROUNDING AREAS

MONTANA'S OLDEST PUBLISHING WEEKLY NEWSPAPER. ESTABLISHED 1873

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PRESERVING AND PROMOTING OUR HISTORY FOR OUR FUTURE



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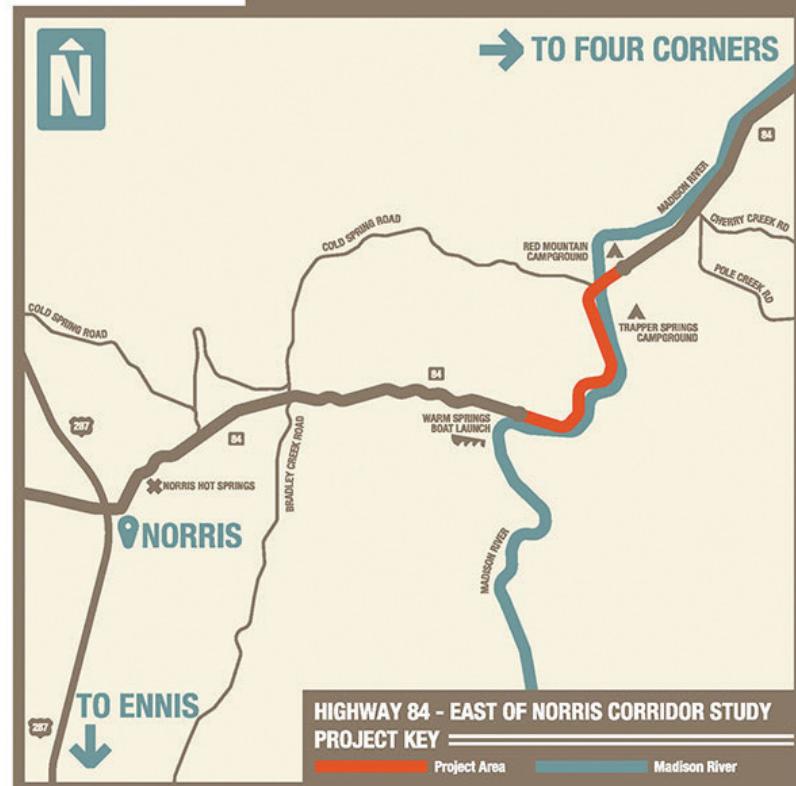


Corridor study on Hwy 84 PUBLIC INPUT ENCOURAGED



HIGHWAY 84
EAST OF NORRIS CORRIDOR STUDY

• PROJECT MAP •



In the past, updated signage and rumble strips were added to this area to decrease crash clusters. MDT plans to add left turn lanes into Red Mountain Campground and

PHOTO COURTESY OF MD

Montana is the oldest state west of the Mississippi, and demographic projections show the state growing collectively older as more Montanans enter their senior years. The economic, cultural, and personal impacts of that trend present the state and its residents with new challenges and, with those challenges, opportunities.

Graying Pains is a six-month series of weekly stories and broadcasts exploring those challenges and opportunities in communities statewide. By investigating how other communities have responded to the issues raised by aging, Graying Pains hopes to point the way toward policies and innovations that can help Montana, and Montanans, improve with age.

The series is produced by the Montana Fourth Estate Project, a collaboration among 16 Montana newsrooms and the University of Montana School of Journalism under the auspices of the Montana Newspaper Association and the Solutions Journalism Network. See montanafourthestate.org for the collected Graying Pains stories and more information.

HOW, WHERE, AND WHY MONTANA BECAME THE GRAYEST STATE IN THE WEST

By ERIC DIETRICH AND BRAD TYER,
Montana Free Press

People have been parsing the human lifespan into a taxonomy of ages forever. Aristotle proposed three categories: youthful, prime of life, and elderly. Two thousand years later, Shakespeare's Seven Ages of Man carved human chronology into seven slices, with the body's final frailty circling back to the original oblivion of infancy. And in the

1980's, British historian Peter Laslett proposed a revised map of three ages, with a caveat for the third: it could be a time of post-retirement fulfillment and achievement, or it could collapse, a la Shakespeare, into dependence and decrepitude.

The character of any individual's third age hinges on some key factors, including health, wealth, community, and the

government policies and cultural customs that influence them. Navigating those factors requires independence, assistance, access, and education. The latter, especially, is lacking. Missoula Aging Services Executive Director Susan Kohler told a room full of Montana journalists in November that one of the biggest impediments to a fulfilling third age is "lack of preparedness."

2017, the baseline year used by those projections, 18% of Montanans were 65 or older, up from 14% in 2001. The figure is expected to climb to 22% by 2030 then plateau through 2040 as boomers reach the end of their lives.

GET READY

Already, Montana is the oldest state west of the Mississippi, according to median age statistics from the U.S. Census Bureau. With half the state's population 40 or older, we're the 9th oldest in the nation, out-grayed only by

Florida, Maine, and a few other eastern states.

Peak age is yet to come, according to demographic projections produced for the state Department of Commerce by consulting firm REMI. As of

to "tricky curves," Jason Senn, with MDT, said. Quite a few crashes have occurred in this small area, hence the title crash clusters, and indicated a need for change.

Carving into the mountainside to make curves longer, redirecting the road around the mountains or tunneling through mountains, and building a bridge to direct traffic to the other side of the Madison River were suggested in a press release as options to combat crash clusters.

Crash clusters were identified on this stretch of road due

firm, Morrison Majerle, was hired to start the year and a half long corridor study. A corridor study is conducted early in projects to find possible solutions to problems. Currently, there are no obvious answers for Hwy 84 and many above options would be economically infeasible, Senn said.

"Really, nothing's off the table at this point," he said.

The most feasible, economic and environmentally-sound option will be chosen as the final answer after the study is completed. Once identified, it

84 continued on A3

VIRGINIA CITY TOWN COUNCIL New pavilion on Wallace Street

BY HANNAH KEARSE
news@madisoniannews.com

A structure, where a structure has never been, will be built in Virginia City's Historic District.

The Virginia City Town Council approved a Montana Heritage Commission site and zoning permit for a pavilion on Wallace Street March 5. The timber-framed structure will replace the tents on the Bale of Hay Saloon's patio during

the summer. The pavilion is planned to be available for public use and to rent for private events before summer of 2020.

"It's a nice design, it will be well built but it's a new building in an old space," owner of Rank's Mercantile, Toni James said. "That concerns me because I feel like we're losing Virginia City because of things like that. I can see why they want it and why they need it, so I have mixed emotions."

Old maps of Virginia City

show that a building has never been on the lot. Jim Jarvis from the Virginia City Historic Preservation Advisory Council said that he has not dealt with the concept of preserving a space.

"I feel that the site is already being compromised by virtue of the temporary tents that show up every summer, year after year," Jarvis said. "If my choice is temporary tents that don't look very good versus a permanent structure that will visually disappear, I will take the struc-

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GRAYING PAINS continued on A2



Opportunity Bank
OF MONTANA

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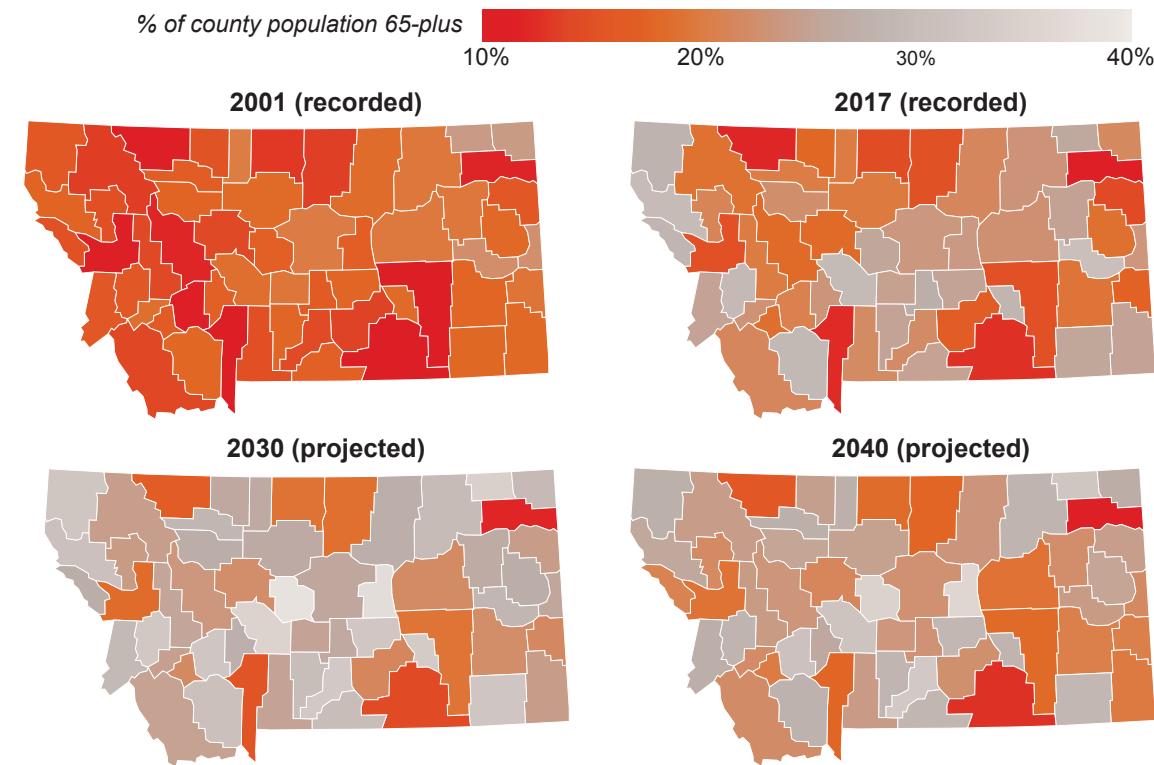
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GRAYING PAINS continued FROM A1

Graying Montana: Portion of population above retirement age



Data: REMI for MT Dept. of Commerce; Graphic: Eric Dietrich / MTFP

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Different parts of the state, however, are on very different trajectories. Sparsely populated rural counties tend to have higher percentages of seniors and are, in many cases, on track to become even more disproportionately older. Petroleum County's 520 residents make it the lowest-population county in Montana, and by 2030, 37% of county residents will be past retirement age, up from 23% in 2017. For Teton County, northwest of Great Falls, the 2030 figure is

projected to be 27%, up from 22%.

Population centers like the Billings area tend to trend closer to the state as a whole, age-wise, though college towns Missoula and Bozeman are substantially younger than other urban areas, and are expected to stay that way. Seniors 65 and over accounted for 16% of the population of Yellowstone County (including Billings) and 12% of the population of Gallatin County (including Bozeman) in 2017. Those figures are projected

to rise to 21% and 15%, respectively, by 2030.

Counties with sizable Native American populations, such as Roosevelt County (including Wolf Point), Big Horn County (including Hardin and Crow Agency), and Glacier County (including Cut Bank and Browning) are also younger than neighboring rural areas. Roosevelt County, with only 11% of its population over 65, is the state's youngest by that measure.

WHY THE STATE IS AGING

Driving those trends are three key demographic forces: birth, death, and migration. Higher birth rates pull areas younger while longer lifespans populate communities with more elders. Migration, in turn, tends to siphon young, mobile residents away from some places and toward others.

Montana's population is skewing older, in part, as the oversized generation of baby boomers born in the aftermath of World War II, between 1946 to 1964, reaches retirement age. According to the U.S. Cen-

sus Bureau, longer life expectancies and declining birth rates are also a factor that's aging American communities across the nation. While average life expectancy in the U.S. was 68.2 in 1950, according to the National Center for Health Statistics, it was a decade longer, 78.6, in 2017.

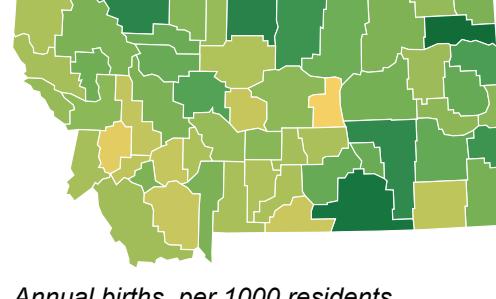
In Montana, the median age of death is now 75 for men and 82 for women, according to the state Department of Public Health and Human Services. Montana's Native communities are younger in part because death typically comes much earlier

for American Indian Montanans, with DPHHS reporting a median age of death at 60 for Native men and 63 for Native women.

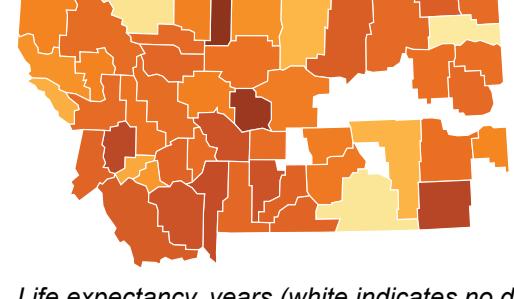
Counties with larger Native populations also tend to have higher birth rates, which means more young residents. For example, Roosevelt County, which is 57% Native, saw a rate of 22.3 births per 1,000 residents annually between 2010 and 2018, according to a Montana Free Press analysis of census data. The equivalent figure for Yellowstone County, in comparison, was 13.2.

Demographic drivers: What's graying Montana

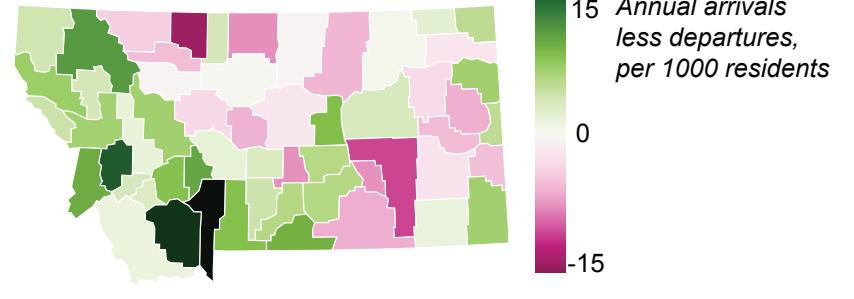
Birth rate (2010-2018)



Life expectancy (2015-2017)



Net migration rate (2010-2018)



Data: Births and migration, U.S. Census Bureau; Life expectancy, Robert Wood Johnson Foundation.

Maps: Eric Dietrich / MTFP

Migration rounds out the picture. While Montana attracts some older migrants looking for a change of scenery in retirement, migration is on the balance a youthening force for destination communities, because young people constitute the

lion's share of movers. According to census estimates based on surveys conducted between 2014 and 2018, 58% of Montana's new arrivals to Montana are under the age of 30, versus just 11% who are 60 or older.

As such, migration patterns also con-

tribute to the graying of places where there aren't enough new arrivals to balance the number of young people moving away for school or work, creating the "brain drain" dynamic that has posed a challenge for swaths of rural Montana for decades.

WHAT IT MEANS FOR MONTANA

Those trends create challenges.

At a community level, an older population means more demand for health care services. A 2012 study by economists at Montana State University, for example, estimated that the state's aging demographics would necessitate increased state Medicaid spending. And with large portions of the health care system funded by the state-administered Medicaid program, aging creates public policy questions at the state

government level as well.

At the same time, an aging population is predicted to diminish the proportion of state's residents who are in the workforce and available to staff nursing jobs, not to mention other businesses. Montana's working-age population of residents between the ages of 15 and 64 was 64% of the populace as of 2017. While the total number of working-age Montanans is projected to increase with population growth,

WHAT IT MEANS FOR YOU

An aging population doesn't just influence tax projections and hospital budgets and worker supply.

It affects family farming and Elks Clubs.

It affects churches and nonprofits and all manner of governmental safety nets, whose funding structures are already strained.

It affects the aging and the aged, many of whom face financial insecurity and isolation. And it affects the generations behind

them, who are increasingly called on to care for elderly parents, even as many raise their own children, who may one day help care for them.

The average American life expectancy has increased by three decades over the course of the 20th century, contributing to the aging of America and suggesting the need for what a 2018 Stanford Center on Longevity initiative calls a "new map of life"

that reimagines education, work, retirement, intergenerational relationships, financial planning, and health care to support a society in which more of us than ever are living in Laslett's third age.

Montana is on the forefront of that national trend, giving Montanans an opportunity to, as Center on Longevity Director Laura Carstensen wrote in the Washington Post, "redesign how we live."

Misconduct investigations

Twin Bridges' boys basketball team

BY HANNAH KEARSE
news@madisoniannews.com

The Falcons' boys basketball team is expected to have a full roster for the 2020 State Class C Tournament.

Twin Bridges' school board held a closed session to conclude the misconduct investigation involving the boys' basketball team March 5. Another investigation is ongoing in the Madison County Attorney's Office.

The alleged misconduct that took place on the bus ride back from West Yellowstone Feb. 8, including the involved four individuals, is confidential. But House Bill 640 applied to the investigation according to the

Madison County Sheriff's Office.

The law requires local law enforcement to complete an investigation of reports from the Department of Public Health and Human Services regarding child abuse and neglect. House

Bill 640 defines DPHHS employees as mandatory reporters, which requires an investigation. Failure to report a potential child sexual abuse or sexual exploitation is a felony.

The county attorney will

make a recommendation if a crime was committed in the near future. The Twin Bridges School Board spent about six hours in a closed session to determine further actions, which were also kept confidential.

84 continued FROM A1

will go to design and then to construction.

"It's really hard to put any sort of schedule to it right now," Senn said. The corridor study is expected to be com-

pleted in 2021, making 2026 the earliest year construction could begin.

Ideas and recommendations from those who regularly travel this area are encouraged.

"It's a great time for everyone to get involved," Senn said, as the project is in its early phase.

Individuals may visit <https://www.mdt.mt.gov/public-involve/highway84/> and email

Takami Clark with questions or comments.

Regarding the corridor study in the Gallatin Canyon, Senn explained the Hwy 84 study is not far enough along

to know if one will affect the other. MDT will look at both projects to make sure they will not significantly impact each other.

"I'm sure they're going

to identify the possibility of increased traffic coming down (Hwy) 84 because that's the alternate route to get to Ennis," Senn said.

VC continued FROM A1

ture that visually disappears."

The open-faced pavilion will be set back from the boardwalk about 8 feet. The Virginia City Town Council agreed to lower

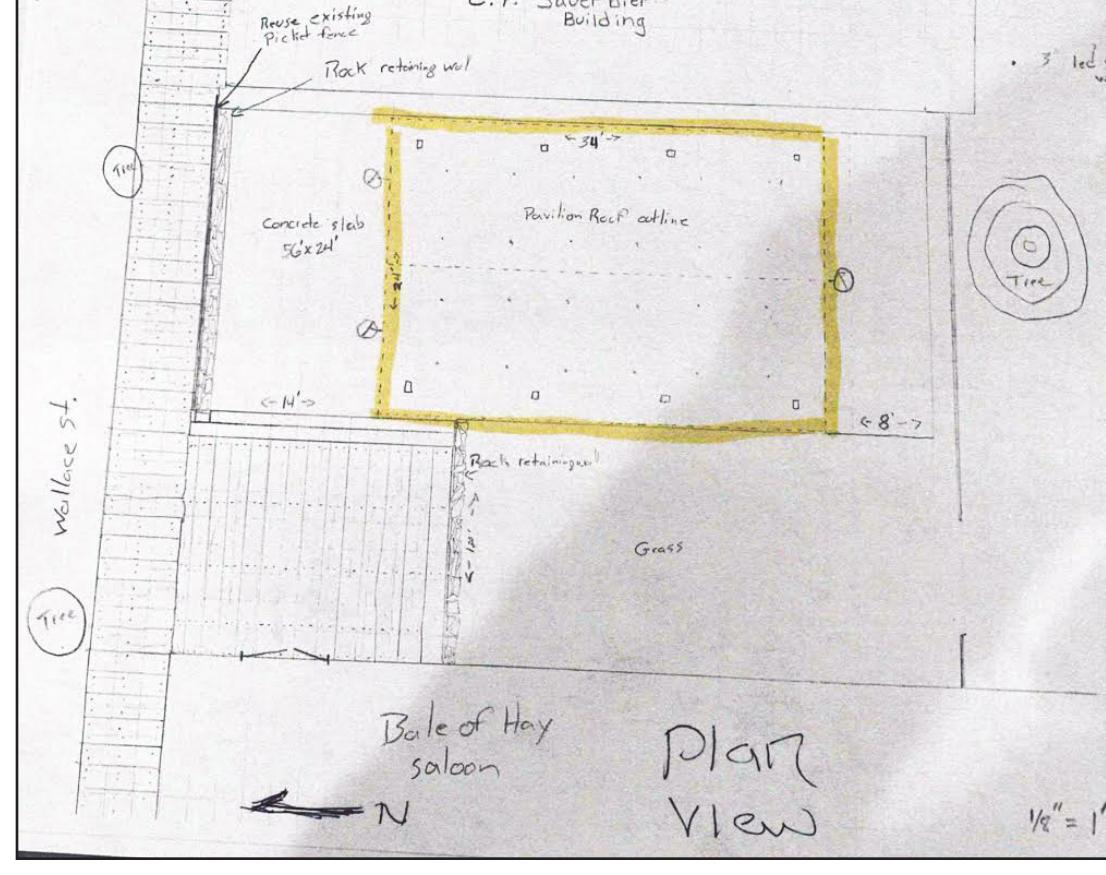
the roof from the proposed 12 feet, so it would not tower over the surrounding buildings. A new concrete slab will replace the current broken floor.

The grassy dome where the Mechanical Bakery burnt down in 1983 will remain. Some are hopeful its ruins can be reconstructed in the future. The Bale

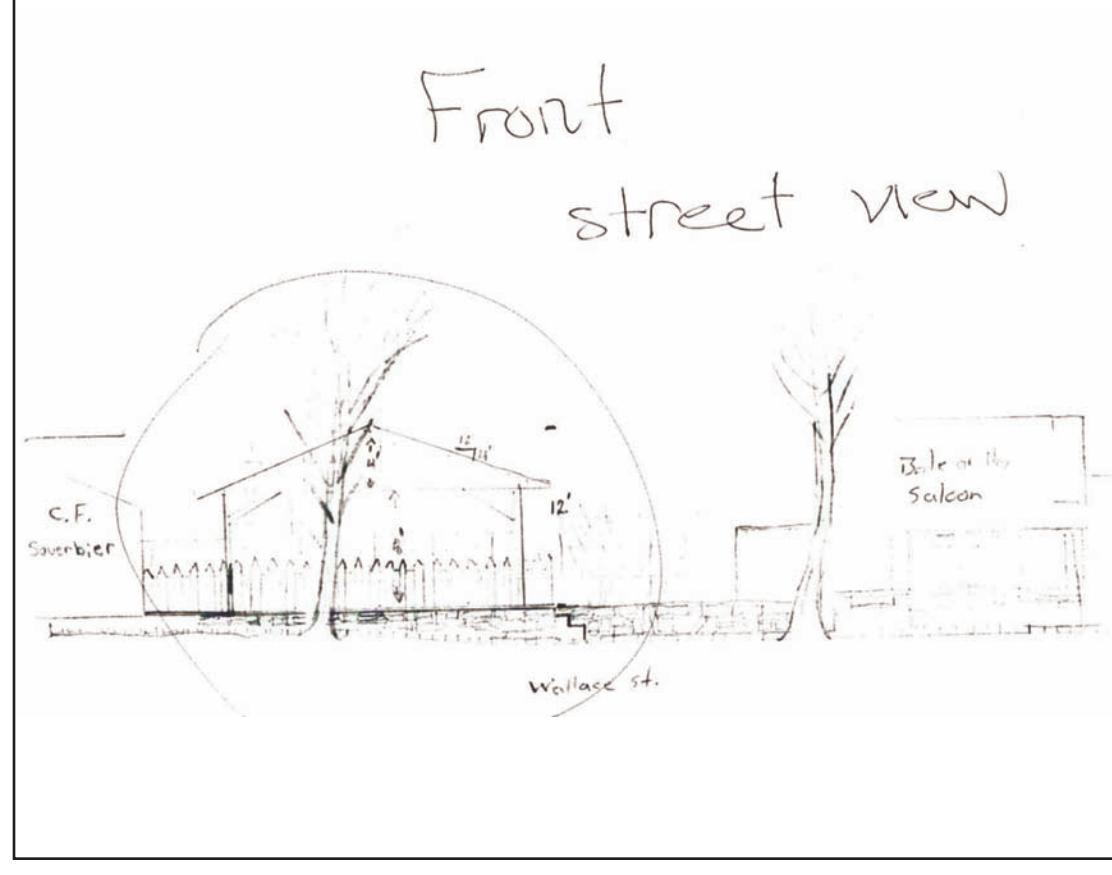
of Hay Saloon will be able to use the pavilion for entertainment and its customers can carry drinks out. But the bar cannot serve drinks outside its walls.

"We have made sure that the metal is rustic, and the logs are treated to blend well with other buildings," Virginia City Mayor Justin Gatewood said. "I feel

this is a fair balance with keeping the preservation standards, tourist enhancement and the Department of Liquor requirements."



A plan-view-sketch of the Virginia City Pavilion provided by the Virginia City Town Council. PHOTO COURTESY MHC/VC TOWN COUNCIL



A street-view-sketch of the Virginia City Pavilion provided by the Virginia City Town Council. The Council has lowered the height of the pavilion by at least 2 feet. PHOTO COURTESY MHC/VC TOWN COUNCIL

MONTANA 2020 ELECTIONS

BY HANNAH KEARSE
news@madisoniannews.com

A bright blue bus with the Republican State Legislature from Kalispell, Sen. Al Olszewski, painted on was the first indicator that "Doc" was in town.

Olszewski is one of three Republicans running for the governor's office in the 2020 elections. He held a meet and greet at the Beaverhead Brewery in Dillon Feb. 26. Olszewski plans to make a visit to Madison County in April.

Olszewski was elected to represent Kalispell's district as a senator, after serving two terms in Montana's house of representatives. He is from Great Falls and served in the Air Force as an orthopedic surgeon. He retains his practicing license, as a consultant, while on the campaign trail. Olszewski is the only practicing doctor in the Montana Legislature. Most of the bills he has sponsored have involved healthcare.

"I'm an old protégé of Dr. Losee," Olszewski said. "When people call me Doc, I'm going I'm not 'Doc,' Dr. Losee's 'Doc.' So, when people call me Doc, I wear it as a badge of honor, in honor of Losee."

His run for governor is a result of his dissatisfaction of agencies overstepping the process of law.

"The last two administrations have allowed a culture of the agencies pretty much can do what they want," Olszewski said. "And instead of serving, they get to determine how they serve us. So, what I believe is that we need a governor that's going to reign in our agencies, so they actually follow the law and not interpret them in a way that's to their benefit."

HEALTHCARE

Olszewski stepped in the political arena as he saw healthcare become more unaffordable for his patients.

"If we want to make healthcare affordable, the first thing we need to do is make sure that everybody pays the actual cost of healthcare," Olszewski said. "That means the first people up is our government has to pay it."

Most healthcare providers receive below cost for the services they provide for Medicare and Medicaid. Olszewski explained how healthcare costs are shifted on to patients when the government does not pay in full. Critical Access Hospitals, such as in Madison County, are refunded in total due to their vulnerability with low volumes in the rural communities they service.

Olszewski also has a tax credit program in mind for people who pay for healthcare. The tax credit would refund people's healthcare premium to the level of their premium or what they would pay as a

healthy adult in Medicaid Expansion, which according to Olszewski, is \$9,000 a year per person.

Olszewski wants to change the argument around whether healthcare is a right or a privilege. He said that it's neither, it's a service and compared it to access to electricity.

"I think healthcare is that 20th-century equivalent of our common good story of what we should do," Olszewski said. "And I do believe that healthcare is a common good. Everybody should have access to at least a certain level of healthcare."

AFFORDABLE HOUSING

There are a lot of contributing factors contributing to Madison County's affordable housing problems.

Olszewski thinks that construction regulations and zoning issues that are a part of the affordable housing problem should be dealt with on the county and city level.

According to Olszewski, the Montana Environmental Protection Act is denying subdivision development.

"Our law was designed to say yes, and these are the hurdles or gates you have to be able to fulfill," Olszewski said. "You have to mitigate the environment; you have to be able to mitigate issues with your neighbors."

Olszewski spoke on the unintended consequences of telling builders how to build and Airbnbs driving up housing costs and availability in communities. He also discussed about providing the locals with what they want. In Whitefish, city greenspace has sometimes trumped housing needs.

"It is a democracy and if the people of Whitefish don't want it and they voted regulations to prevent it, should the state be oppressive and tell them no? The answer to that is no."

Olszewski believes that no one is entitled to their hometown.

"If you're having a hard time finding a place to live and you can't get your wage to meet with that, maybe it's time to look at other parts of Montana," Olszewski said. "Just because you're from one certain spot or place doesn't mean that you get to live there forever. If you could, great."

Olszewski also contributed property taxes to the affordable housing problem. He wants to find another way to fund K-12 education, so property taxes can be lowered. Olszewski plans to find different funding for Montana education and freezing property taxes.

GRIZZLY BEAR MANAGEMENT

Several hunters in the Gravelly Mountains were attacked by grizzly bears in the 2019 hunting season. The nature of hunting – quietly stocking wildlife – makes it more likely to come in contact with a grizzly bear.

Olszewski was a biologist before he was an orthopedic surgeon. He worried that grizzly bears have become too comfortable around people, associating hunters' gun shots as a free meal.

"We need to delist the grizzly," Olszewski said. "And our current grizzly population needs to be trained to stay away from humans. We need to be a negative stimulus to them, and that includes hunting. So, a limited hunting of the grizzly bear along with the black bear."

He specified that management hunts should only be in the areas

where they have recovered. It is illegal to hunt grizzly bears in the national parks.

"We would have that conversation with our Native American Tribes if on their reservations and reserved lands, they do not want hunting on the grizzly bear, that's fine," Olszewski said.

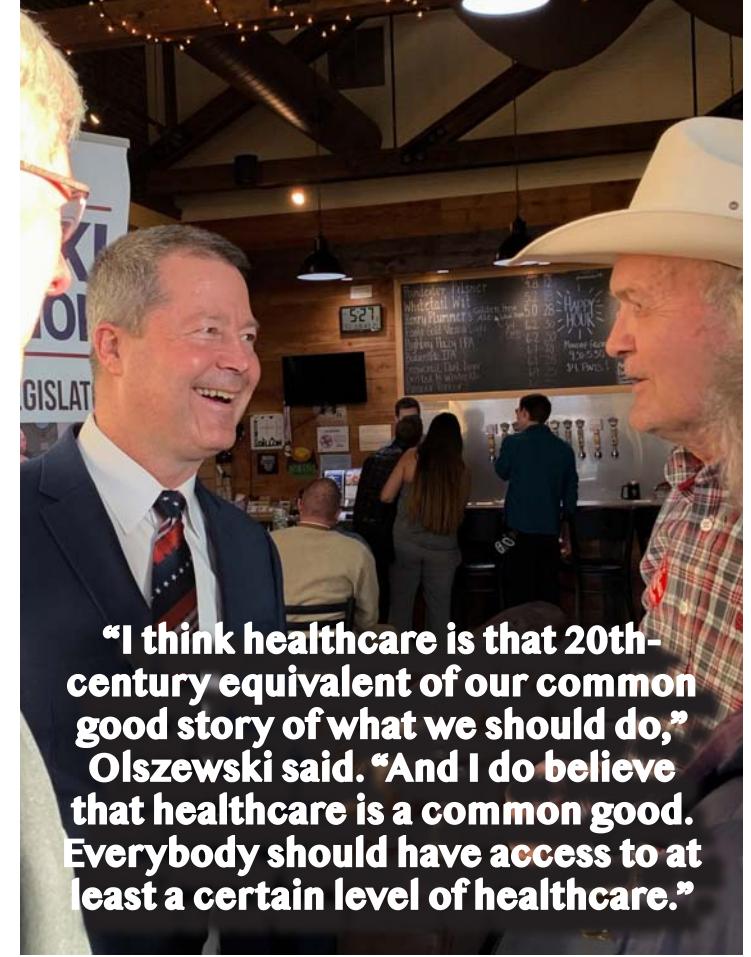
PUBLIC LANDS

Olszewski has hiked, hunted and fished the Little Bell Mountains, Highwood Mountains and along the Missouri River all his life.

"For me public lands mean access," Olszewski said. "For men and women and families to recreate. We need make sure we have multiple use throughout our public lands."

Olszewski understands the many uses for public lands and the foraging rights ranchers can have on lands. He would like the government "entice" ranchers with a negotiated price tag for public access in foraging areas. It is the public's responsibility to respect the access.

"We want to make sure that people who access it, do so with good stewardship," Olszewski said. "If you're going to a steward and want access to these lands, they belong to all of us."



Al Olszewski speaks with locals at the Beaverhead Brewery in Dillon Feb. 26. PHOTO BY HANNAH KEARSE

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• There are no guarantees that press releases will be published.

• *The Madisonian* may edit submissions for grammar and content.

• *The Madisonian* reserves the right to make all determinations relative to the above policy.

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The Madisonian encourages the opinions of readers on public issues and matters of local concern. Letters must be close to 350 words, and author may only submit twice monthly. Please include the writer's name, address and phone number. *The Madisonian* reserves the right to edit

content for grammar, good taste and libel. We also reserve the right to reject or delay publications.

We will not publish individual grievances about specific businesses or letters that are abusive, malicious or potentially libelous.

Announcements, thank yous and letters of a commercial nature will not appear in this column.

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OPINION

CARD OF THANKS

Thank you, Angel of Mercy

Dear Editor,

Last Wednesday, I rolled my car on the Virginia City hill, landing right side up. A young man - actually, an Angel of Mercy - named Caleb Smith saw the accident and came to rescue my passenger and myself. He made sure that both of us were safe and warm in his pickup. This was no small task. The snow was thigh high and the wind was pretty strong. Then he took us into Ennis so family could come and take us home. Your town can be very proud of Caleb and my friend and I certainly are so very thankful.

Sincerely,
Arcille Shaw

OBITUARIES

FERN BODILY LEE

January 23, 1937 to October 2, 2019

Her ashes will be interred in the wall at Fort Harrison Montana State Veterans Cemetery on St. Joseph's Day, which would have been her 65th wedding anniversary, March 19, 2020 at 1 p.m.

She was born in Clinton, Utah, the youngest of 5 sisters, one stepsister, and four younger brothers. She was preceded in death by her parents Ruth Lenora Muir Bodily, Harlan Barton Bodily, Roylene Swanger, Nadine

Bodily, Brent Bodily, Eva Jean Moffat, LaRae Karboski, Jay Muir Bodily. She is survived by her husband of Ennis, Kent Douglas Lee; son Kraig Douglas Lee Of Roy, Utah, and his wife Maria; grandson Ezekiel of Roy; and Granddaughter Sarah (Sarita), Michelle Lee Miranda, attending College in Mexico City; also Dorman Bodily of Fallon Nevada; Dale Bodily, wife Jean Of Lake-Havasu, Arizona and numerous nephews and nieces.

Fern, who had to contend with Diabetes for the last 34 years, did more good to humanity than most people could do in a lifetime. The other day while going through her things, I came across a picture of a girl I had never seen before, a petite little blonde. On the back she had written this "To someone I consider an Aunt, I hope to see you someday-it's my wish, I needed someone like you

for years, I'm closer to you than anyone else, be happy with your good family. Love Susan." They saw in her what I saw the first time I looked in her eyes on Sept. 17, 1951. I was 17 she was 14. It's called AURORA, just pure Stardust. Remember: we are only allowed an uncertainty of time between Here and Heaven. A small reception will be held afterwards at the Grubstake North of Helena on the Lincoln Road exit of 1-15.

COURTS

DUI felony

Anneliese Gisela Adams from Ennis pleaded not guilty to a drunk-driving charge in Madison County's District Court March 2.

It is her fourth drinking and driving offence, making it a felony charge. According to the affidavit, Adams crashed into a borrow ditch on the west side of U.S. Highway 287 near mile marker 10. Her bail order of \$5,000 was posted with the condition of 24/7 alcohol monitoring.

Assault on a minor

Judy Allen Nelson pleaded not guilty to a felony charge of assaulting a minor March 2.

Nelson is charged with assaulting her stepson. According to the affidavit, the eleven-year-old boy's teacher noticed a bruise on his face Nov. 25, 2019. He told a Bozeman Child Protective Services case worker that he was "smacked in the face" with

a board.

According to the affidavit, Nelson told BCPS that she was aiming for his hands and accidentally hit his face with a wooden spatula, which caused the scratch on the bruise when it broke on his face.

Later, the boy said that Nelson might have hit him with a spatula, not the two-by-four, which according to court documents, Nelson calls the "reinforcer."

Nelson was released on the signed promise to appear in court for all upcoming proceedings.

Ennis man makes bail

Ryan Burns, who broke into a garage in Norris to park his camper-trailer in November, posted bail.

Burns pleaded not guilty to a burglary felony charge and two misdemeanors Jan. 27. According to the affidavit, Burns did not take anything from the garage but allegedly damaged property while

breaking in and illegally occupied the space.

Madison County District Court granted Burns' request for his bail order to be lowered from \$2,500 to \$500, which he posted March 4.

Big Sky Resort's services fee

The company who owns Big Sky Resort appealed the Montana Department of Revenue's ability to tax the resort's services fee.

Boyne USA Incorporated is seeking judicial review on the Montana Department of Revenue decision and to reverse the Tax Appeal Board's denial of an appeal. The Montana Department of Revenue and Boyne USA Inc. argued each's case in Madison County's District Court March 2.

Boyne USA Inc. argued that the resort services fee and the related amenities the fee provides, like downhill skiing, mountain biking trails, a movie theater and boat rentals, are not charges for accommodations.

The Montana Tax Appeal Board sided with the Montana Department of Revenue in June 2019. They ruled that the resort services fee was "integral" to the accommodation, subjected to both the 4% lodging tax (bed tax) and the 3% sales tax.

The law states that lodging taxes "do not apply to separately stated charges which are not an integral part of the use or occupancy of the room," like food, pet charges or personal laundry charges.

Boyne USA Inc. argued that the administrative interpretation of the rule is inconsistent with legislative guidelines and violates Equal Protection. The Montana Tax Appeal Board denied the Equal Protection claim in June because it was unable to determine whether Boyne USA Inc. was similarly situated to any other taxpayers, according to court documents.

Madison County District Court Judge Luke Berger will decide to overturn or uphold the appeal at a later, undecided date.

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COMMUNITY CORONAVIRUS *updates*

Madison County prepares for Covid-19

By HANNAH KEARSE
news@madisoniannews.com

Madison County is taking preparedness measures for a coronavirus outbreak.

Preparation for diseases and viruses is a constant task for hospitals and first responders. Leaders in healthcare have been and continue to prepare for the Coronavirus. Madison County's Public Health Services

held a public Coronavirus Preparedness meeting March 9.

"We in the healthcare field, we're ready for things like this," Madison Valley Medical Center infection control officer Peggy Shumsky said. "We use infection control measures all the time. We use personal protection equipment, which for this virus is gown, gloves, masks and eye protection."

Forth-eight people from both

hospitals, ambulance services and other healthcare fields and first responders attended the Coronavirus Preparedness meeting in Virginia City. According to Madison County's Public Health Nurse, Melissa Brummell, all organizations are working on continuing their preparation efforts.

"The entire county is working together," MVMC CEO Allen Rohrback said. "Which is

what the CDC is recommending for us to do."

MVMC and the Ruby Valley Medical Center each have a negative pressure room, which is a temporary holding area that does not recirculate the air in the building. These rooms could be used to quarantine a potential severe case of the coronavirus. Depending how sick an individual is, will determine where they will receive care. If

it is not a severe case, infected individuals will self-quarantine at home.

"Going back to the basics," MVMC Director of Nursing Allison Treloar said. "Stay at home when you're sick, wash your hands and cough into your arm."

A shortage of test kits in the United States is a concern. The Centers for Disease Control and Prevention have said more will

be available soon. Montana has 200 test kits in Helena.

"It's a start," Brummell said. "It's not enough."

Brummell encourages people to make their own preparations, like having extra prescription medicine in the event that you're unable to go to the pharmacy. People with preexisting health issues and the elderly are the highest risk of contracting Covid-19.

Safety protocols are in place Barrett Hospital & HealthCare for the novel coronavirus, which causes the disease known as COVID-19

Submitted by
CHRISTIE TRAPP

Barrett Hospital & HealthCare announced Monday that safety protocols are in place for the novel coronavirus, which causes the disease known as COVID-19. Montana state and local public health officials are monitoring the COVID-19 situation very closely. Currently, there are no COVID-19 cases in Montana. U.S. health experts agree

that the measures taken have been effective in containing the virus but are predicting that there will be further community spread of the novel coronavirus, COVID-19 in the United States (U.S.) at some point. In anticipation, the following safety protocols are in place at Barrett Hospital & HealthCare to help keep patients and healthcare workers safe and to help minimize the risk of the COVID-19 virus in the community.

- If you have recently returned from an international country or U.S. state with ongoing COVID-19 infections, monitor your health and call and tell your healthcare provider if you develop a fever and symptoms of respiratory illness, such as cough or difficulty breathing. Tell your healthcare provider about your recent travel or close contact with a person known to have COVID-19. Your healthcare provider will

work with Montana's public health department and CDC to determine if you need to be tested for COVID-19.

- If you have these symptoms, have been in close contact with someone with symptoms, or have traveled recently and feel you need to be evaluated, call the Emergency Department at Barrett Hospital & HealthCare first, so we can prepare and take further precautions. Be sure to protect others by covering your nose

and mouth and proceed directly to the Emergency Department. To safeguard our staff and other patients, please do not attempt to be seen in Clinics.

To help prevent the spread of COVID-19 and other respiratory illnesses, you can take simple steps to protect yourself and your family.

- Stay home if you're sick,
- Avoid contact with sick people when possible,
- Cover your cough and

sneezes with the crook of your elbow or a tissue,

- Wash your hands frequently, and avoid touching your eyes, nose and mouth,
- Clean and disinfect frequently touched objects and surfaces using a bleach solution or bleach wipe.

To learn more about COVID-19, please refer to the CDC's website <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Coronavirus cons

Submitted by HANNAH STIFF, Montana State Director, BBB Northwest & Pacific

News about coronavirus, aka COVID-19, continues to dominate headlines. And anything that grabs headlines, grabs dollars. The stock market has been plunging faster than a theme park roller coaster. Panicked consumers are flocking to stores to buy face masks, hand sanitizer, paper products and more. The Food and Drug Administration reports that Americans now face pharmaceutical drug shortages due to China's veritable shutdown.

The run on these items is causing shortages for health and construction workers, dental offices and others. With items selling out and production on others halted, scammers and opportunists are looking to cash in.

If you even simply Google "coronavirus symptoms", magical sites claiming to have the cure or preventatives pop up in your search. BBB is warning consumers that these claims are entirely false. Currently there is no U.S. Food and Drug Administration-approved vaccines or drugs to prevent coronavirus, although treatments are in development.

Face masks, including the particle-blocking N-95 mask often worn by construction workers, do not prevent the spread of coronavirus among the general population, health officials say. U.S. Surgeon General Jerome Adams is pleading with Americans to stop "panic shopping". No approved vaccines, drugs, or products specifically for coronavirus can be purchased online or in stores.

So, take a deep breath before you embark on a coronavirus shopping spree and familiarize yourself with these tips so you can avoid falling prey to coronavirus con artists.

Spot fraudulent health products by watching out for these red flags:

- Don't panic. Do your research: Be skeptical of alarmist and conspiracy theory claims and don't rush into buying anything that seems too good - or crazy - to be true. Always double check information you see online with official news sources. Take extra precaution when considering items from pop-up ads or unsolicited emails, phone calls or text messages.
- Be wary of personal testimonials and "miracle" product claims. Be suspicious of products that claim to

immediately cure a wide range of diseases. No one product could be effective against a long, varied list of conditions or diseases. Also, testimonials are easy to make up and are not a substitute for scientific evidence.

- It's "all natural." Just because it's natural does not mean it's good for you. All natural does not mean the same thing as safe.
- Check with your doctor: If you're tempted to buy an unproven product or one with questionable claims, check with your doctor or other health care professional first.

FOR MORE INFORMATION

Read more about coronavirus scams on the Federal Trade Commission's website, and see BBB's alert about counterfeit face masks. Learn more about the disease at the CDC's FAQ page. Also, the FDA is updating this page about its progress in developing a treatment for coronavirus.

If you've spotted a scam (whether or not you've lost money), report it to BBB.org/ScamTracker. Your report can help others avoid falling victim to scams.

Madison County Public Health Department prepares for prevention and control efforts for coronavirus, COVID-19

Submitted by
MELISSA BRUMMELL,
MCPHD

Madison County Public Health Department (MCPHD) and Madison County Disaster Emergency Services (DES) have taken several steps to prepare for the possible spread of the coronavirus known as COVID-19 in Madison County. To date, there are NO CASES of COVID-19 in Montana.

Since January, MCPHD staff have been on alert monitoring the evolving situation and preparing to take necessary

measures to curb the spread of disease. The Centers for Disease Control and Prevention (CDC) has advised about the importance of our health systems and first responders having the resources they need to respond and that the public has the information necessary to begin making individual plans.

MCPHD is hosting an Emergency Services and Healthcare Covid-19 Preparedness meeting early next week. The goal of the meeting will be to focus on Emergency Services and Healthcare

partners' current preparedness status and needs, information sharing and partner coordination. MCPHD working alongside its partners will strive to keep the community informed on current disease status, along with disease prevention and other pertinent information.

As of March 4, 2020, there were more than 90,000 cases of COVID-19 worldwide, including more than 3,000 deaths. According to the CDC there are close to 150 cases in the United States. There have been eleven deaths to date in the

United States.

In the state of Montana 26 returning travelers from China have been monitored since February 1st and 19 have successfully completed the 14 day monitoring period. Seven individuals are currently being monitored. None of the individuals who have been monitored are residents in Madison County.

Cases of COVID-19 have ranged from people with little to no symptoms to severe illness and death. The CDC expects cases to continue to be confirmed, and MCPHD wants

families and individuals to prepare to take action to help prevent the spread of the virus.

The website Ready.gov provides family emergency plans and checklists to help you prepare for disease outbreaks and other situations. The best way to stop the spread of infectious viruses is by washing your hands, covering coughs and sneezes, cleaning surfaces and staying home if you are sick.

To date, MCPHD/DES has:

- Activated Madison County Incident Command.
- Interacted with Montana

Department of Public Health and Human Services and State Department of Emergency Services to establish response relationships. • Worked to discourage rumors and misinformation.

As this situation evolves, the public can find accurate and timely information on COVID-19 through the CDC's website, www.cdc.gov/COVID19, Montana DPHHS website, and social media channels.

Further information to come regarding community and business information sharing, planning and updates.

SPORTS



MADISON COUNTY DISPATCH

In areas with low cell phone coverage, you can now text 911 in case of emergency.

March 1, 2020

Suspicious circumstances were reported in Ennis and Whitehall. Medical aid was administered in Virginia City. A citizen was assisted in Cameron. Big Sky agency was assisted. Sexual assault was reported in Norris.

March 2, 2020

Medical aid was administered in Ennis. An agency was assisted out of county. A citizen was assisted out of county. A disturbance was reported in Harrison.

March 3, 2020

Medical aid was administered in Ennis. Medical aid was administered in Sheridan. A dog complaint was made in Twin Bridges. Agencies were assisted in Big Sky and out of county. Citizens were assisted in Sheridan. A missing child was reported in Sheridan.

March 4, 2020

A traffic complaint was made in Ennis. A welfare check was performed in Sheridan. Accidents occurred on the Virginia City hill. A dog complaint was made in Virginia City.

Medical aid was administered in Ennis. A scam complaint was made in Ennis. A theft complaint was made in Ennis.

March 5, 2020

A traffic complaint was made in Sheridan. Hazards on the road were reported in Cameron. An animal complaint was made in Harrison. Dog complaints were made in Twin Bridges. A citizen was assisted in Pony. An order of protection violation was placed in Ennis. An accident occurred in Sheridan.

March 6, 2020

Agencies were assisted in Big Sky and Cardwell. Fire calls were made in Ennis. Hazards on the road were reported in Cameron and Silver Star. Suspicious circumstances were reported in Cameron. An accident occurred in Whitehall.

March 7, 2020

A stolen vehicle was reported in Ennis. A coroner was called in Alder. Suspicious circumstances were reported in Sheridan and Silver Star.

FALCONS TO STATE

2020 State C Boys Basketball Tournament

By HANNAH KEARSE
news@madisoniannews.com

Madison County's Twin Bridges team is playing in the 2020 State C Boys Basketball Tournament.

The Falcons are competing for the championship title at the University of Montana Adam's Center March 11-14. Their first game is against Fort Benton Wednesday at 4:30 p.m.

Twin Bridges will compete with seven other schools, including Western C champions Manhattan Christian.



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3 Rivers Annual Membership Meeting

Monday, March 16, 2020

Fairfield Community Hall

Registration begins at 11:00 am
Lunch served Noon - 1:00 pm
Business Meeting at 1:00 pm

If you are unable to attend, you can watch a live stream of the business meeting on 3rivers.net.

Fairfield office closed 11am to 3pm
Conrad, Big Sky & Shelby offices
and Browning Radio Shack will be open



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A word from the Association of Montana Retired Public Employees



Submitted by LYLE MANLEY,
PRESIDENT – ASSOCIATION
OF MONTANA RETIRED
PUBLIC EMPLOYEES

The Association of Montana Retired Public Employees (AMRPE) is a group of 2,500 individuals whose sole purpose is to protect the retirement rights of public employees in Montana. Our organization went to court in 2013 to preserve Montana retirees' Guaranteed Annual Benefit and prevailed. But once again,

the retirement funds and benefits that Montanans have paid into, invested toward, and earned, are at risk from individuals and organizations using propaganda and partial information to influence decision-making by the Montana Legislature in 2021.

AMRPE's goal is to provide facts and encourage honest, critical thinking and discussion among Montanans and decision-makers.

First the facts. There are 43,500 Montanans currently

receiving benefits from the Montana public retirement systems. And there are another 51,000 Montanans who are not yet retired but are making contributions to the retirement systems. In total, there are almost 95,000 Montanans or about 10% of the state's population covered by these public retirement systems. Their retirement dollars stay in local communities buying groceries and gas, supporting main street businesses, and contributing to the local economy.

To get any retirement benefits, these folks must first put their own money into the systems (roughly 8% of their paychecks currently) and the employer matches that amount (or that amount plus 1%) for a minimum of five years. Full retirement benefits require 30 years of paying in for most jobs (with certain jobs eligible at 20 years due to the nature of the work). Unlike many 401K plans, Montana public employees don't get a choice about contributing – that money is withheld from their first paycheck to their

last. Those funds are then professionally invested and managed by the Montana Board of Investments on behalf of the retirement systems.

You can see that the retirement funds for 10% of Montana's citizens is a tempting target for out-of-state organizations and individuals who would like to re-direct the money or avail themselves of the opportunity to profit personally by changing the systems. These people do not have the interests of Montana citizens, taxpayers, and certainly not Montana public retirees in mind. What they do have is a strong desire to create a narrative claiming that the state retirement systems are in

dire straits and they need to be "studied" or "fixed". Their goal is to convince lawmakers and politicians to "change" the way the retirement systems are managed, thereby creating an opportunity for these entities to access those funds directly or indirectly.

The truth is the retirement system is sound and will serve the state well for the next 75 years as documented by the Montana Board of Investments and the Montana Public Employee Retirement Board. When you read newspapers and media articles using the words "study", "fix", "reform", "underfunded" – be skeptical. Montana historically has been very cautious and

conservative in setting up its public retirement systems (unlike other government entities across the nation who grossly over-promised without an ability to pay for those benefits). Contact the Montana Public Employee Retirement Administration and the Montana Board of Investments to get facts. Ask legislative candidates, the Governor's Office (or gubernatorial candidates) what changes to the systems will do to retirees, your community, your local economy, and you.

It takes all of us working together to keep Montanans secure, safe and healthy. Visit our website, www.amrpe.org for more information.

NOTICE TO ENNIS OFFICE CUSTOMERS



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Town Pump Charitable Foundation realizes that our First Responders are so important in Montana. We want to make sure our Volunteer Ambulance & EMT Services have the equipment and supplies they need.

Neighbors Taking Care of Neighbors.

If you know an organization which might qualify -- encourage them to apply today for a Town Pump Charitable Foundation grant.



Sheridan High School goes to College and Careers

Submitted by LAURIE BARTOLETTI

Students often wonder why they are in school. All Sheridan High School students travelled to Helena for a visit to Helena College and Carroll College. The Helena College tour included an onsite visit of their many programs including airplane mechanic, welding, manufacturing and automotive. The visit to Carroll included an overview of campus life and explanations of different 4 year programs.

The Career Fair was held at the school on a Wednesday afternoon. The theme for

the day was "Trades and Technical". We were fortunate to have many programs come to the school to explain their opportunities to our 7th – 12th graders: Gallatin College, Dawson Community College, Great Falls College, Area Health Careers, Highlands College, and Job Corps from Anaconda all participated. Overall, we realized how much more there is to learn and do.

The Teachers' Panel presented at a 7th -12th grade assembly on the last day of the week. Teachers and Mr. Wetherbee, Superintendent, spoke to students about their choices from colleges to careers.



OHV operators must purchase trail pass

Submitted by GREG LEMON, FWP

Montana residents who are off-highway vehicle operators are required to purchase a Resident OHV Trail Pass. The pass, which costs \$20, can be purchased from many local vendors or online at <http://stateparks.mt.gov/recreation/ohvProgram.html>. The pass is required on all public lands where Montana residents ride OHVs on designated motorized routes and trails. The pass must be attached and visible on the OHV.

The pass is valid for up to

two calendar years, expiring on Dec. 31 of the second year of purchase. In addition to the pass, Montana residents must have a permanent registration sticker, which is available through their County Treasurer's office. If a resident purchases a two-year Resident OHV Trail Pass and presents it to their County Treasurer's office while permanently registering their OHV, the resident is eligible for a reduction of \$20 toward the cost of their permanent OHV registration.

Nonresidents are required to purchase an annual Nonresident

Temporary Use Permit costing \$35. The permits are available at <http://stateparks.mt.gov/recreation/ohvProgram.html>.

The Montana Legislature passed House Bill 355 in 2019, which created a Resident Trail Pass for OHVs. Revenues from each Resident OHV Trail Pass will be used to maintain and improve designated OHV routes and trails on public lands in Montana. The funds will be distributed through a grant program beginning in the fall.

For more information on OHV passes and permits, visit <http://stateparks.mt.gov/recreation/ohvProgram.html>.

Submitted by LAURA GILMORE – Committee Chair

Due to the overwhelming community support of the Nearly New Shoppe in Ennis, the Madison Valley Woman's Club is pleased to announce they will be funding scholarships for the 2020-2021 school year. Last year a record breaking year for scholarships awarded. All applicants must have a home address in the Ennis School District area.

Scholarships will be offered in four categories:

1.) Alumni from this area who wish to continue their

Woman's Club scholarships

education at the undergraduate or graduate level at any college or tech school,

2.) Non-traditional students who may not have started college directly from high, earned a GED, previously had to drop out of college or those who have earned an associate's degree and would like to pursue a four-year degree, train in another area, desire to attend a trade or vo-tech school or a parent or senior citizen who finally has the time to pursue the dream of an education.

3.) High school seniors 4 yr degree:

4.) VO Tech/Trade School Applications available on

line , madisonvalleywomans-club.org or ennisschools.org. Scholarship applicants must follow the exact instructions accompanying the application form.

Applications may be taken to RE/MAX Mountain Property or mailed to the Madison Valley Woman's Club at P.O. Box 122

• Ennis • MT • 59729. COMPLETED applications must be RECEIVED by is April 6, 2020 – late or incomplete applications will not be considered. We look forward to seeing everyone's applications and are very proud to be part of a community with such talented and motivated students!

Timely Snowpack recovery improves spring and summer streamflow forecasts

Submitted by LUCAS ZUKIEWICZ

Following on the heels of January's abundant snowfall, February also delivered above normal to record-setting snowfall in mountain ranges supplying water to regional rivers and streams. New records were set for February snowfall at seven mountain SNOTEL (SNOWpack TElemetry) sites in southern and central Montana that were favored by the unstable north-northwest flow coming from Canada during the first three weeks of the month.

The recovery in snowpack was well timed. "January and February snowfall took the dismal snowpack totals reported on January 1 along the Montana/Idaho border and

improved snowpack to near to above normal on March 1," said Lucas Zukiewicz, USDA Natural Resources Conservation Service water supply specialist for Montana. "This is great news for water users as we approach spring and summer." Snowpack totals in all river basins across Montana are now near to above normal for March 1.

At this point in the winter, around 75 to 85% of the seasonal peak snowpack has typically accumulated at mountain locations. This data gives forecasters clearer insight into what the snowmelt may yield in seasonal water supply during spring and summer. "Streamflow prospects for spring and summer look to be near to slightly above average at this time due to the healthy snowpack totals we have in the mountains," Zukiewicz said. However, he warns

that "future snowfall, spring precipitation and temperatures during the next three months will play a critical role in both the timing and volumes we experience during runoff this year."

As the transition into spring continues, weather patterns across Montana will change. Mountains west of the Divide typically experience lower monthly snow totals through spring. However, spring months can be significant to river basins east of the Divide. "Even though spring starts on March 19, there is still typically a lot of winter left to come in the mountains, and the juicy months are on the horizon for some of our east of the Divide river basins. These months can make or

break our spring and summer streamflows," said Zukiewicz.

Long-range forecasts issued by NOAA's Climate Prediction Center for the next two weeks (March 3-17) indicate better than normal chances of above average temperatures across the state and near to below normal precipitation. "While we've got more water than we typically have stored in the snowpack on March 1, I've learned from experience it's never wise to assume we will be in the same shape come May 1," said Zukiewicz.

Monthly Water Supply Outlook Reports can be found at the website below after the fifth business day of the month: <https://www.nrcs.usda.gov/wps/portal/nrcs/mt/snow/>

NRCS Natural Resources Conservation Service

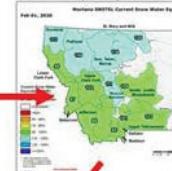
USDA

Montana Water Supply Outlook Report March 1st, 2020

January 1st, 2020



February 1st, 2020



March 1st, 2020



January and February snowfall provided quite the turnaround for snowpack in Montana. Compared to January 1st, when it seemed like the 2020 winter season was on track to be a bust along the Idaho/Montana border, snowpack conditions have vastly improved across the state. Unstable northwest flow (storms approaching from the northwest in Canada) during the first three weeks of February favored north-facing ranges, where well above normal to record-setting snowfall occurred during the month. Streamflow forecasts issued on March 1st for the April 1st through July 31st period indicate near to slightly above average streamflows could occur in many locations across Montana should favorable weather patterns persist into spring and summer.

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Deadline FOR APPLICATIONS IS MARCH 11, 2020



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Ask the Expert

Local businesses have the information you need to make a variety of decisions. Best of all, they are here and available to meet your needs. In our "Ask the Experts" section, we went to these local experts for information on topics important to you.

Ask the Expert forum appears the second Thursday of each month. If you have questions for these area professionals e-mail us at info@madisoniannews.com.

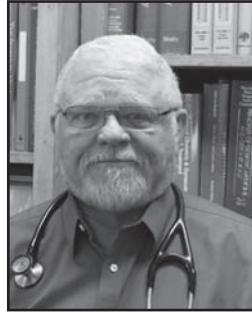
HEALTH CARE

Q: New infection prevention restrictions require that I use a mask and hand sanitizer at the Ruby Valley Medical Center if I have a cold or flu symptoms. Is this really necessary?

A: Getting a cold or flu might not seem like a big issue but it can be devastating to a senior or infant waiting for medical care. Germs from one sneeze can travel 19-26 feet at 100 miles per hour! Even when you cough or sneeze into your sleeve, small droplets still spread. During the SARS epidemic, researchers concluded that face masks were particularly useful in preventing the spread of the disease.

Eighty percent of common infections are spread by hands. Washing your hands correctly (20 seconds, palms, back of hands, between fingers, under nails) at least five times a day significantly decreases the spread of disease.

Using the masks and hand sanitizer provided at the entrances to Ruby Valley Medical Center will help everyone breathe a little easier.



Dr. Roman Hendrickson, MD
RUBY VALLEY CLINICS

SHERIDAN 842-5056 • TWIN BRIDGES 684-5546

BIRDING

BIRDS ON THE MOVE: WHO IS MIGRATING?

As temperatures creep above freezing and crocuses start to push through thawing earth, a change in avian behavior begins. Migratory birds start thinking about reaching their breeding grounds and take the trek north. So who is on the move? The best way to determine this is by researching www.eBird.org to see who will show up. In March, Tree Swallows, Ruby-Crowned Kinglets, Mountain Bluebirds, Spotted Towhee's, Osprey, Sandhill Cranes and Peregrine Falcons start moving here. Some have already been spotted in our tri-county area (Gallatin, Madison and Park Counties). Be on the lookout and get your bluebird boxes cleaned out in preparation for another season! A female Mountain Bluebird pays more attention to good nest sites than to attractive males. She chooses her mate solely on the basis of the location and quality of the nesting cavity he offers her—disregarding his attributes as a singer, a flier, or a looker.



Debi Naccarto, Owner
WILD BIRDS UNLIMITED • 406-219-2066

INSURANCE

Q: What is Key Person Insurance?

A: It may surprise a client to find that the company's most valuable asset was not insured. This would be especially upsetting for an insured who felt that there was always needed coverage in effect. Property, liability and business income insurance were purchased to eliminate serious losses. What went wrong? Why wasn't this possible major loss brought to their attention and why wasn't it insured against?



Ty Moline, Agent
THE AGENCY INSURANCE DIVISION • 406-682-4202

PHYSICAL THERAPY

Q: Movement, breathing and awareness? Tell me more...

A: Where does this fit into everyday life? Do we have to think about it? Or is it an automatic response? The hustle and bustle of everyday life creates stress. Eastern medicine combines these to form awareness throughout the body with movement in everyday life. Western medicine/traditional medicine is slow to accept this concept of inner being of health and wellbeing. Movement, breathing and awareness are taught in many forms of eastern medicine. Yoga, tai chi, qigong and martial arts are examples of Eastern medicine. These movement forms are similar with emphasis of movement awareness and breathing. What do these 3 things help or treat? It teaches the body how to place the right foot under the knee, hip and back while taking a step! Many individuals are so wrapped up into hustle and bustle of life that they forget what position their bodies are in or how they are moving. The human body has many moving joints. Body parts have to move together and separately. WE can move as whole. Although there are multiple parts of the body moving together or separate to create pain free movements. There are numerous studies correlating breathing, movement and awareness of the body in regards to reducing chronic pain throughout the body, treatment of movement disorders, and balance.



Robert (Bob) Sahli, PTATCLAT
ENNIS PHYSICAL THERAPY PC • 406-682-3112

REAL ESTATE

Q: WHY DO I NEED TITLE INSURANCE?

A: Title insurance covers the largest investment most people have and if there was a loss, it could be devastating. An owner's title policy protects the owner of the property from title issues that may arise on the property at the time of purchase. A title search of the property goes back in time to check that clear title was passed from owner to owner up to the current seller. If a person passes title to a buyer that has unsatisfied liens on the property, the new buyer could become responsible for the money owed and it could affect the ability to sell the property in the future. Unlike most insurance that has a specific term and period premiums, title insurance covers the insured for a single premium and lasts for as long as you or your heirs have interest in the property. It is peace of mind coverage that is part of the investment in your home.



Michelle Van Dyke
BERKSHIRE HATHAWAY • (406) 596-0805

PHARMACY

Q: Can you tell me how OTC medications matter at dr appts?

A: When you have an appointment at the doctor's office, a member of the staff usually goes over your current medication list. It is important to not only keep a list of your current prescription medications, but also any over the counter products you may take. This includes any vitamins, herbs, pain relievers, antihistamines for allergies, cold medicines, and heartburn medications, etc. This is important because even though these medications can be purchased without a prescription, they can still interact with other medications and health issues. For example, the medication pseudoephedrine also known as Sudafed can cause high blood pressure, so it is important to discuss with a doctor or pharmacist before taking if you have issues with high blood pressure. Medications that contain calcium (and other minerals) such as antacids, and other vitamins can interact with certain medications such as antibiotics and thyroid medications. The blood thinner warfarin interacts with many herbal products as well as other over the counter products. These are just a few examples of how these medications can affect our health. It is important to always report all of the medications you are taking (prescription or not) to your doctor and pharmacist.



Gary Hadley, PharmD, BCGP
MAC'S CHC PHARMACY • 406-842-7434

MENTAL HEALTH

Q: Could I have Generalized Anxiety Disorder

A: Do you experience persistent, excessive worry about a number of different things that is difficult to control? Do you expect the worst even when there is no obvious reason for concern? People with Generalized Anxiety Disorder (GAD) find it difficult to control worry on more days than not for at least six months. You may feel that your anxiety is more intense than the situation deserves and that something bad may happen. It can be difficult to know how to stop your cycle of worry, feeling like it is out of your control. GAD can affect individuals of all ages with women being twice as likely to be affected, and usually comes on gradually. It can be difficult to know what brings on GAD; however, family history of anxiety and stressful life events can contribute to symptoms.



Lisa Brubaker, LCSW
(406) 670-4546

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MADISON COUNTY WEATHER

Thursday



Sunny along with a few clouds.
High 36F. Winds WSW at 10 to 20 mph.

Friday



Some sun in the morning with increasing clouds during the afternoon. High 41F. Winds S at 10 to 15 mph.

Saturday



Variably cloudy with snow showers. High around 30F. Winds SE at 10 to 20 mph. Chance of snow 40%. About one inch of snow expected.

Sunday



Snow showers early becoming more scattered later. High around 25F. Winds SE at 10 to 15 mph. Chance of snow 40%. Snow accumulations less than one inch.

Monday



Mostly cloudy with a few snow showers in the morning. High 23F. Winds ESE at 10 to 20 mph. Chance of snow 30%.

Quote of the Week:

“No man has a good enough memory to be a successful liar.”

ABRAHAM LINCOLN

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COMMUNITY

March 12, 2020



Migration

FOOD, FLIGHT, PHYSIOLOGY AND FORTITUDE

These sandhill cranes were spotted at Ennis Lake. A wide variety of shorebirds can be found there. PHOTO BY PATSY ECKERT



Pelicans taking flight. PHOTO BY PATSY ECKERT



Killdeer nest in the ground and are shorebirds, Eckert explained. PHOTO BY PATSY ECKERT



This is a saw-whet owl. Eckert has seen snowy and great horned owls in the Ennis area. PHOTO BY PATSY ECKERT



Bird's colors fade in the fall and become more pronounced in the spring, shown by this puffy goldfinch bursting with yellow hues. PHOTO BY PATSY ECKERT

By KEELY LARSON
connect@madisonianews.com

Patsy Eckert, Ennis resident, started bird watching with her husband 30 years ago. They sketched the birds they saw and bought books to help identify species. Eventually, they acquired binoculars, Nikon cameras, a canoe and a Jeep. They used that canoe to go around the south side of Ennis Lake to find a variety of shore birds including killdeer, willets and avocets.

Eckert could recite different types of birds she has seen around Ennis with ease and spontaneity. Mid-conversation she would remember a species she had not yet mentioned and rattle off a handful more. Different ecosystems nearby lend themselves to a variety of birds—snowy owls, sandhill cranes, Canadian geese, mallard ducks, kestrels, kinglets, nut-hatches, meadowlarks.

"You just never know what you're going to see," she said.

Up to 300,000 snow geese and 10,000 tundra swans make pit stops at Freezout Lake near Choteau to rest and find sustenance after the 1,000-mile flight from California, the Great Falls Tribune reported. In 2019,

Freezout was frozen when the snow geese returned.

Ennis Lake is also a stopover point for birds traveling north. If found frozen, ducks would probably decide to skip the lake as they depend on water for habitat. Blue birds need water mainly for drinking and could pause on the frozen lake to rest. The same goes for snow geese and tundra swans at Freezout—some stop and visit nearby ponds and some continue flying.

Variation in species produces variation in migration distances. Long-distance migrants, like flycatchers and warblers, fly to Central and South America for food. Medium to short-distance migrants, like mountain bluebirds and western meadowlarks, visit northern New Mexico or Texas and arrive in Montana earlier. The first bluebird sightings were towards the beginning of last week.

Migration, much like hibernation for bears, is all about food. Birds fly south for the winter to make use of different food sources and come back home when their staple foods are back in stock. Fluctuations in daylight are environmental cues that let birds know migration is coming, but they also have quite the tuned biological

clock.

Zugunruth, or 'migratory restlessness,' uses genetics and that clock to tell birds migration is upon them without needing environmental triggers, an article from The Spruce explained.

Like bears and ungulates, birds have a variety of physiological changes that bolster their migration process, The Spruce discussed. Packing on extra pounds, going on short flights to strengthen wings and molting to produce new, aerodynamic feathers are a few examples.

Birds' gonads shrink to decrease overall weight and the amount of energy needed to fly. Hemoglobin levels increase to deliver more oxygen to muscles in order to produce less soreness and disorientation.

Resident birds around the county, like bald eagles, magpies, common ravens, mountain chickadees and woodpeckers, stay locally and cache food for winter months. They do not rely on water sources and are tough enough to survive cold winters.

"I watch my chickadees here in my yard and they're constantly taking seeds and caching them around the yard," Lou Ann Harris, president of the Sacajawea Audubon Society, said. As the days get longer and humans relish in sunnier days,

bluebirds make their reappearance.

Males travel first to secure nest locations. Competition is tough, and they rely on pre-established locations as bluebirds do not excavate their own nests. Females arrive later and choose their mate not on looks or song ability, but on the location of the nest.

"They start window-shopping. They start looking for just the right location for their nest," Harris said.

Birds are habituated to coming back to the same spots during migration each year. If

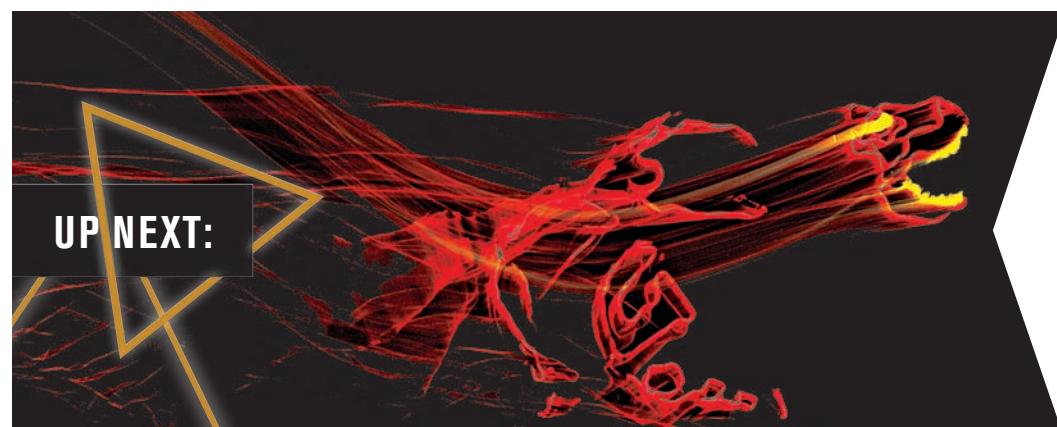
that area has been developed, they may be at a loss.

"These migration corridors go back probably thousands of years and these birds, each generation, learns from the parent. In a lot of cases they learn from their parent where to go and where to stop, and over the decades, a lot of these places are no longer available," Harris said.

Ennis Lake is established as an Important Bird Area (IBA). IBAs exist to remind people the importance of habitats to bird populations, in this case, to common loons. "It's a really

important stopover for them on their way to Canada to nest," Harris explained.

Eckert's biggest tip for aspiring bird watchers is to get a bird book. Her husband preferred an Audubon book while she chose The Golden Bird book. Bird watching requires a lot of patience and stillness, aided by binoculars and folding chairs. "You have to look to the edges," Eckert's husband would say. The congruence of a tree line and a meadow are the best spots for sightings.



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BE WELL

DPHHS, coffee shops join forces to promote colorectal cancer screening

Submitted by
JON EBELT, DPHS

Public health officials and numerous Montana coffee shops have announced a new effort today to promote the importance of colorectal cancer screening among individuals ages 50 to 75.

As part of Colorectal Cancer Awareness Month in March, the Department of Public Health and Human Services (DPHHS) is providing coffee sleeves to participating coffee shops in Montana with an important public health message: "Colorectal cancer screening saves lives, but only if you get tested! If

you are 50 or older, talk to your doctor about which test is right for you."

"Colorectal cancer is preventable through screening at age 50," DPHHS Director Sheila Hogan said. "It's vitally important that people are screened. Early detection is the key."

Hogan said that of cancers affecting both men and women, colorectal cancer is the second leading cancer killer in the U.S. and the risk increases with age. Colorectal cancer occurs most often in people age 50 years or older.

Regular screening for colorectal cancer is recommended

for all adults age 50 to 75. That is the age range when this type of cancer occurs most often. Those younger than 50 with a personal or family history of cancer, and those between ages 76-85, should consult with their doctor about when to screen.

Tarailee Mongoven, owner of Leilani's Lattes said she and her family have been personally impacted by cancer. "This is such an important message the public needs to be aware of," she said. "Lives can be saved if people know the importance of early screening."

Across the state, over 75 coffee shops and clinics are

participating. A link to the participating shops can be found here <https://dphhs.mt.gov/public-health/Cancer/colocoffeessleeve>

Sara Murgel of the DPHHS Cancer Control Program said new data shows that Montana has shown an increase in the percentage of men and women aged 50-75 who report being up-to-date with colorectal cancer screening. According to the 2019 Montana State Health Improvement Plan, 65% of Montanans are up-to-date, which is up from 62% in 2018.

However, Murgel said the goal nationwide is to reach 80%. "We are improving, but we still

need to keep this important issue in the forefront," she said. "We appreciate the coffee shops joining us in this effort."

Screening tests can find precancerous polyps so they can be removed before they turn into cancer. Screening also finds colorectal cancer early, when treatment works best.

Colorectal polyps and early stage cancers don't always cause symptoms, especially at first. That is why getting screened regularly for colorectal cancer is so important.

You may be at increased risk for colorectal cancer if:

- you or a close relative have

had colorectal polyps or colorectal cancer;

- you have inflammatory bowel disease, Crohn's disease, or ulcerative colitis; or
- you have a genetic syndrome, such as familial adenomatous polyposis (FAP), or hereditary non-polyposis colorectal cancer (Lynch syndrome).

Any coffee shop that wants to participate is encouraged to contact the DPHHS Montana Cancer Control Program for more information by calling Murgel at 444-1437.

Don't let the pace of the baseball arms race hurt your young pitcher

Submitted by
ASHLEY PONTIUS,
prnewswire.com

That magical phrase Major League Baseball fans can't wait to hear every winter – "Pitchers and catchers have reported to spring training" – often comes with disclaimer: Many pitchers may actually not report because they are injured.

A high rate of arm injuries to pitchers continues at all age levels of baseball. The trend is particularly concerning in youth leagues and high school baseball as athletes' bodies are still developing. Medical professionals and pitching experts say more young pitchers get hurt today due to the increasing demands they must meet to draw the attention of professional and college baseball scouts. That means throwing the ball faster than most others do and pitch-

ing virtually year-round in leagues and talent showcases.

"What we have is the perfect storm for pitching injuries, putting enormous stress on the soft tissue around the joints and growth plates," says Ron Wolforth (www.TexasBaseballRanch.com), a long-time pitching trainer who is founder of Texas Baseball Ranch and author of Pitching with Confidence: A Parent's Guide To Giving Your Elite Pitcher An Edge.

The bottom line is velocity is coveted by the athletes and by coaches at every level. Today, it's almost a necessity to throw 85-plus miles-per-hour to pitch for the better high schools. And to be considered for the Major League Baseball draft, sometimes 92 isn't enough."

That leaves parents and athletes with two choices: Stay safe and be passed over by other athletes willing to risk

injury – or risk injury themselves.

"If they decide to go for it, preparing the soft tissue for the stress it will be placed under is absolutely essential," Wolforth says.

He offers these tips to young pitchers and their parents to reduce the chances of arm injuries:

Do not pitch year-round. "An athlete should participate in multiple sports for as long as he or she can," Wolforth says. "I strongly recommend taking off a minimum of six months a year from competitive pitching."

Prepare for the stress of pitching. "You need to train the entire body for the requirements involved in high-level competition," Wolforth says. "Injuries come from being underprepared for the specific demands of intensity or workload."

Improve mechanical

efficiency. Wolforth says inefficient mechanics are a big cause of injuries. "No two pitchers in history have ever thrown identically, and parents should reject the concept given by any instructor of a universal throwing model," he says. "Mechanical efficiency is about fine-tuning each unique delivery style for synergy and coordination of movement segments, and the ability to decelerate is just as important as the ability to throw hard. So are posture, rhythm and degrees of individual throwing freedom."

Manage workloads. Wolforth says parents should get involved in managing their pitcher's workloads if coaches are putting the pitcher at risk. "You must be educated regarding workloads," Wolforth says. "How well you articulate your concerns and the willingness of the coach to hear reasonable, well-stated concerns is

another matter entirely."

Know when to shut it down. Teach your athlete to stop immediately if anything feels odd, uniquely uncomfortable or painful. "The importance of the particular game or tournament is not more important than the long-term health of your young athlete," Wolforth says. "If your pitcher complains of pain anywhere in the soft tissue of the elbow or shoulder, it is a sign of a weak link, disconnection and/or mechanical inefficiency. Seek immediate expert advice."

Welcome to the world of competitive youth athletics, circa 2020," Wolforth says. "It's a world where an athlete's soft tissue and growth plates are put under tremendous stress. Parents can't just hope their kids won't get hurt. Hope is not a plan."

About Ron Wolforth
Ron Wolforth (www.TexasBaseballRanch.com) is the founder and CEO of Texas Baseball Ranch in Montgomery, Texas. A long-time pitching trainer who's been a consultant for numerous Major League Baseball organizations and NCAA baseball programs, Wolforth has written five books on pitching. His latest is *Pitching with Confidence: A Parent's Guide To Giving Your Elite Pitcher An Edge*. Known as America's "Go-To Guy" on pitching, Wolforth has created groundbreaking training programs. Since 2003, 121 of his clients have been drafted by MLB teams. In that same period, Wolforth has helped 425 pitchers break the 90 miles-per-hour barrier. Wolforth and his Texas Baseball Ranch have been featured in Sports Illustrated, ESPN the Magazine, Men's Journal, Baseball Digest, The Wall Street Journal and The New York Times.

New vein treatment center in Butte

Western Vein Care Center will provide quality vein care to patients in southwest Montana

Submitted by
CHRISTIE TRAPP,
Marketing Manager
ctrapp@barrethospital.org

Barrett Hospital & HealthCare announced March 4 it will open Western Vein Care

Center. David M. Fortenberry, MD, FACS will lead Barrett Hospital & HealthCare's new vein care center, located in Butte Montana.

Leg problems related to venous insufficiency, varicose veins, and other complications

are very common, impacting many in Southwest Montana. As the population ages, more patients are in need of referral to a vascular specialist who can diagnose and manage diseases of the body's circulatory system (arteries and veins).

Dr. Fortenberry is a board certified general surgeon whose practice in Butte will focus entirely on the evaluation and treatment of venous diseases. Prior to joining Barrett Hospital & HealthCare, Dr. Fortenberry practiced vascular surgery while on staff at Kalispell Regional Healthcare. With more than 28 years of practice experience in general and vascular surgery, Dr. Fortenberry is proficient in many techniques, including minimally invasive procedures which

are associated with less pain and fewer complications for patients.

"In joining Western Vein Care Center, I will be part of a team which provides patient centered care. We will see individuals with a variety of vascular diseases, especially those with venous disorders, such as varicose veins and venous insufficiency," said Dr. Fortenberry. "Here we can spend more time working directly with patients and assessing their conditions, in order to develop individualized treatment plans. This will allow for optimal care, delivered in an efficient and convenient outpatient setting."

"We are pleased to have a vascular specialist with Dr. Fortenberry's experience and reputation on our team as we expand our services for patients in need of vein care into Southwest Montana," said Ken Westman, CEO of Barrett Hospital & HealthCare. "This is our first vein center, where we can exclusively provide specialty, outpatient vein care."

Dr. Fortenberry came to Barrett Hospital & HealthCare from Kalispell Regional Healthcare, where he had worked as a general and vascular surgeon since July 1992. Dr. Fortenberry carried out his medical studies at the Louisiana State University School of Medicine in New Orleans, then completed his

general surgery internship and residency at the University of Colorado Health Science Center in Denver from 1986 until 1991. He was awarded a fellowship in vascular surgery at the Lahey Clinic Medical Center at Burlington, Massachusetts, in 1991/1992. Dr. Fortenberry will begin seeing patients in Butte on March 10, 2020. To schedule an initial consult with Dr. Fortenberry at Western Vein Care Center, please call 406-683-1188 or visit www.barrethospital.org/western-vein-care-center for more information.

ABOUT BARRETT HOSPITAL & HEALTHCARE

Barrett Hospital & HealthCare is a non-profit critical access hospital (CAH) in Dillon, Montana. Critical access hospitals make up approximately twenty-five percent of hospitals in the United States; there are 1,343 in the nation, with 50 critical access hospitals in Montana. They are, by definition, at least 35 miles from another hospital and have no more than 25 acute care beds at any given time with most hospitals being located in rural areas. Barrett Hospital & HealthCare is a four-time recipient for being a Top 20 Critical Access Hospital of the 20 highest ranked Critical Access Hospitals (CAHs) in the nation by National Rural Health Association (NRHA). For more information, visit www.barrethospital.org.

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COLUMNS



COMMODITY IN SITE: STOCKS ARE IN A BEAR TREND

BY JERRY WELCH

The year is but a few months old and already, history has been made for the entire Big Four: stocks, bonds, currencies and commodities. For investors, traders and agriculture producers, 2020, thus far, has been surreal to say the very least. And all because virtually markets of all kinds have declined sharply due to coronavirus fears.

I described the first month of this year as the most bearish January for commodities in history. The month flashed red ink immediately as commodity values did a swan dive. On the final trading session of January, the Dow fell a few points shy of 600 points, making for one of the most bearish starts to a new year in history for stocks. The weakness with stocks and commodities was shock because so many

Wall Street and Main Street believe deeply that, "as January goes, so goes the rest of the year."

Unfortunately, February was more bearish yet. Global equities in the final week of February endured their worst week since 2008 as fears of the coronavirus deepened. Commodities did as bad, if not worse, than stocks. I believe February was likely the most bearish February in history. If correct, that means the first two months of this year were also the most bearish back-to-back months in history. If not the most bearish, certainly the most volatile!

Jim Paulson, chief investment strategist for Leuthold Group interviewed by CNBC News said the stock market decline of recent days reminded him of the Crash of '87 when

the Dow fell 22% in one day. Mr. Paulson said, "Well, it's certainly a full panic. I'd say... it really reminds me of 1987."

I vividly recall the Crash of '87. Not only do I remember it but I wrote about it. From my book, "Back To The Futures," in a chapter entitled, "Black Monday" I wrote the following:

"October 19, 1987 will forever be known as Black Monday. It was the darkest day in history for the Dow Jones Industrial Average and for all other stock exchanges located throughout the world.

In the past few issues of Commodity Insight, I have suggested that traders buy the March T-Notes and sell the March NYFE Composite at a ratio of 2.050:1. On September 25 and 28, I entered into that spread when the notes were trading at 89.00 and the NYFE

was at 183.50.

That spread caused me some anxiety for a few days, but then turned in my favor. At this time, the profits on that trade are in excess of \$33,000 per spread. Nimble traders, on the other hand, should have profits of nearly \$37,000 per spread.

Black Monday was a very hectic and exhausting day. It was also a very profitable one. I came into the day short and hedged in cattle, wheat, and stock indices, and long the debt markets such as T-notes and bonds. It cannot get much better than that."

The reason I turned bearish stocks just prior to, "Black Monday" in '87, is because interest rates were rising and bond prices falling. Historically, there are three forces that can break the back of the

stock market. Those forces are; higher interest rates. A recession. Or, a war. When rates ratcheted higher back then, I was ice cold bearish.

This year, I turned bearish stocks and bullish bonds because China announced they were having issues with coronavirus in early January. I specifically wrote various articles in various publications with headlines such as; "Get Long Hogs. Get Short Stocks," "Do Not Confuse Brains With A Bull Market," "ASAP," "Time To Embrace Bonds and Shun Stocks?," "Buy Bonds, Shun Stocks." Events My Dear Readers, Events," "Still Comes Down To Events." I touted the potential for a sharp decline with the stock market in January, long before it unfolded.

And this week, the Fed cut rates for the first time since

2008 out of fears coronavirus would slow domestic and global growth. The rate was dubbed an, "emergency" cut and it caused the U.S. dollar to drop to a multi-month low along with stocks and yields for the debt markets.

Until new all-time highs are posted for the stock market I will remain bearish. I cannot suggest buying bonds either. With interest rates now below 1% coupled with the largest job force in 50 years and the dollar weakening significantly and based on history, such a scenario is bullish hard assets, not paper markets.

For more information, take a peek at my twice a day newsletter. Drop me a line at commodityinsite@gmail.com. Or, feel free to call me at 406 682 5010. But please wear a face mask if you call.

A WRANGLER'S RECKLESS WRITINGS



By Bryce Angell

Walt's Leprechaun

Walt slid down off the bar stool. Could he make it to his horse? Old Joe would take him from Jim's Bar and keep him on his course.

But now Joe seemed a little off. Was it terror in his eyes? Or was he just a might confused? He was in for a surprise.

It was dark around the corner, hardly visible to view. Something moved and stepped on out. Walt's eyes got wide and grew.

A tiny man dressed all in green. A vision one would seize. His fitted coat came to his waist. His pants just to his knees.

His shoes were pointed at the toes, his socks stretched to the top. His face was worn and gnarled beneath a frizzy, red-haired mop.

Above it sat a derby hat. His teeth clenched on a pipe. He smelled of Guinness liquor. Every breath was whiskey ripe.

The little guy then spoke right up. "O'Shamus is my name. I come from Ireland far away. I hold a bit of fame."

"Some call me by O'Shamus. Most call me Leprechaun. And I can read your thoughts right now. You'd prob'ly like me gone."

O'Shamus walked toward old Joe. That horse blew out a snort. He pulled straight back, and off he flew like old hairs off a wart.

O'Shamus said, "I'm sorry Walt. Looks like your horse is gone. Let's go back in and have a drink. He won't be back till dawn."

Now the leprechaun was full of fun. He showed what he did best. He found some guys to sing along, got drinks for all the rest.

His fav'rite song was "Danny Boy." He sang with all his heart. Then ended up with "Galway Bay" and said, "It's time we part."

Walt liked the little leprechaun and wished that he would stay. But the leprechaun had disappeared, left Walt the bill to pay.

The bar-keep said "You've got no dough? I'll take your horse and saddle." Walt cried, "That leprechaun has left me nothin' left to straddle."

Walt was standin' in the dark and he was wonderin' what to do. He saw old Joe come trottin' in about as good as new.

He settled with the bar-keep, and he kept his good horse Joe, but lost his saddle and his boots. He'd never felt so low.

Now if you spy a leprechaun who offers you a drink, just turn around and walk away. That leprechaun's a fink.

HOLLOWTOP

Smoke Signals

CERTAIN JOURNEY

By
Art Kehler

Life, I am told, is a journey
and so I believe it to be.
With childhood outgrown,
we strike for the unknown.

Freeing our vessels frail
across vast oceans to sail.
Dogged the rudder grasped,
determined our lives to path.

Midcourse to shadowy goal,
it dawns, though taut our hold,
steering is tenuous at best,
and thus are we put to the test.

Much more are we at the whim
of a lawless, shifting wind.
With little regard for our want,
to blow us astray as to taunt.

Such remains a chilling notion
till, as nears our journey's margin,
the fading sun does illumine
that long sought after Eden.

And nothing is as imagined.
Knowing now, hearts gladdened,
one are the ship, the wind; the sea
and never once adrift were we.

©Art Kehler

Art lives in Harrison, Montana. His essays, stories, and poetry have been published in newspapers, journals, literary magazines, and on-line magazines.

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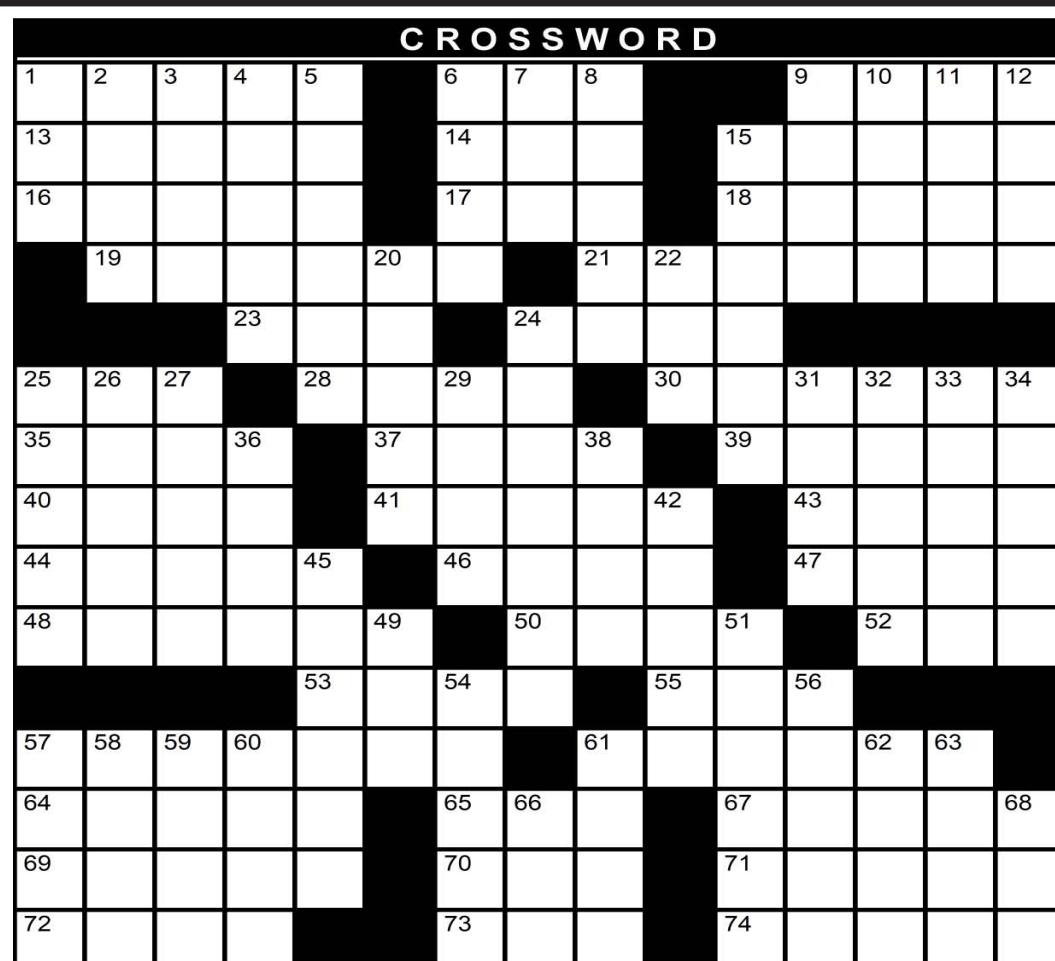
COMICS & PUZZLES

THEME: RENAISSANCE FAIRE

- ACROSS**
- Wing it
 - Salvatore, to his friends
 - Bigger than tsp.
 - Swedish money
 - Snoop
 - Hold the floor
 - Predict from an omen
 - More of the same
 - Cell dweller
 - Good ___, as in morning
 - Gathering of rogues and ___, sing.
 - What engineer and auctioneer have in common
 - Japanese vodka
 - Gourmet mushroom
 - Sheer profit
 - *Set up a tent
 - "Best ___ schemes o' mice an' men"
 - Attention-getting interjection
 - One who looks at the stars, e.g.
 - Eye up and down
 - Train stop
 - Laughing on the inside
 - Remember this battle site!
 - Isaac's firstborn
 - Zelensky's capital
 - Fermented milk drink, pl.
 - Billy Joel's "___ the Good Die Young"

- Use lacrimal glands
- Weakest in chess
- Burmese neighbor
- *Please
- *Men's vest
- Child-eating daemon, Greek mythology
- Call to Bo-peep
- Andretti or Lauda
- Colorado ski resort
- "Slippery" tree
- Phantom's genre
- Scotland's famous lake
- Johnny's other nickname
- Martha Washington post 1799, e.g.

- DOWN**
- Rap sheet abbr.
 - Keith Moon's instrument of choice
 - Apple's apple, e.g.
 - Accustom
 - Like infertile land
 - Do like volcano



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- *Are
- Swimsuit fabric
- Not kosher
- Island east of Java
- Roofed colonnade
- One of the ivies
- Murdering, slangily
- Artemis' companion
- Island strings
- Blended family family member
- *Longer than a cape
- Two under par
- a.k.a. pilau
- Fare ___ well
- Horseshoe cleat
- Pre-life
- Shakespeare's pattern
- *Restroom
- Actress Moore
- Sound of pain
- Tutu fabric
- Annie or Oliver, e.g.
- Sigma Alpha Epsilon
- Peter of Peter, Paul and Mary
- Big name in grills
- Giraffe's striped-leg cousin
- Blueprint
- Tear down
- Mischiefous sprites
- Decorative neckwear, pl.
- Doorframe part
- Tea choice
- Infamous Roman
- *Popular Renaissance Faire beverage
- Like sashimi



The first (and last) game of ice polo.

Crossword puzzle answers on B9

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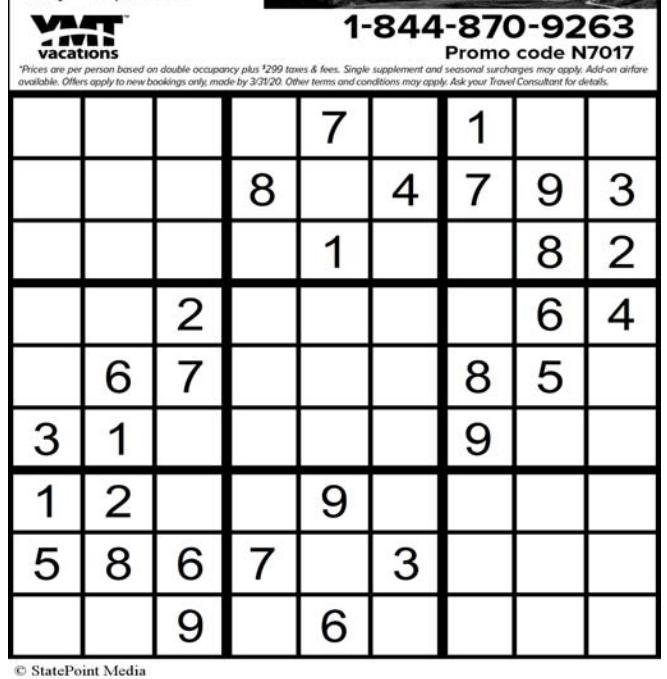
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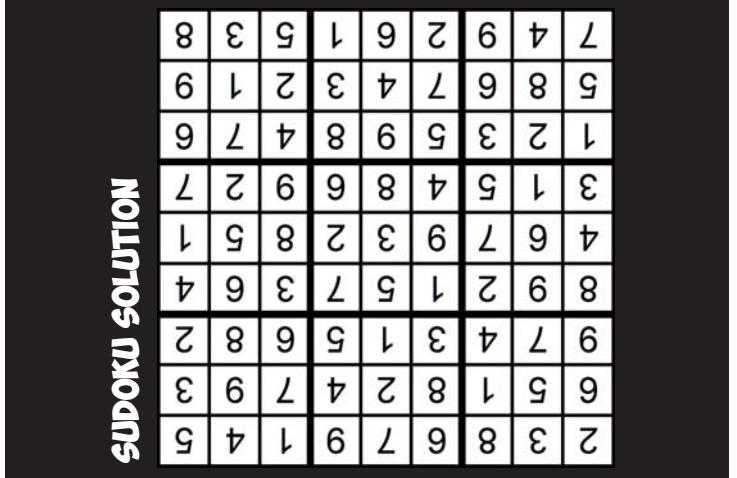


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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.



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Madison County, Virginia City, MT

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- Licensed Clinical Professional Counselor or Licensed Clinical Social Worker, Contract position (as needed) **\$300.00 per response**;
- Public Health Department Registered Nurse-Full-time, **\$24.00 to \$30.00 hourly**;
- Safety Intern-Part-time, Short-term **\$15.93 to \$15.93 hourly**; and
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(Job Vacancy ad for Madisonian (03.12.20)



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PUBLIC NOTICES

MARCH 12, 2020

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PUBLIC OPPORTUNITY TO PROTEST/ISSUANCE OF ONE NEW MONTANA ALL-ALCOHOLIC BEVERAGES LICENSE

MOONLIGHT GOLF SPIRITS LLC (Samuel Byrne and Matthew Kidd, Owner(s)) has applied for one new Montana All-Alcoholic Beverages License No. 25-999-4544-009 to be operated at MOONLIGHT GOLF SPIRITS LLC, 510 Moonlight Trail, Big Sky, Gallatin County. The public may protest this license transfer in accordance with the law. Who can protest this transfer? Protest will be accepted from residents of the county of the proposed location Gallatin County, residents of adjoining Montana counties, and residents of adjoining counties in another state if the criteria in 16-4-207(4)(d), Montana Code Annotated (MCA), are met. What information must be included? Protest letters must be legible and contain: (1) the protestor's full name, mailing address, and street address; (2) the license number 25-999-4544-009 and the applicant's name MOONLIGHT GOLF SPIRITS LLC; (3) an indication that the letter is intended as a protest; (4) a description of the grounds for protesting; and (5) the protestor's signature. A letter with multiple signatures will be considered one protest letter. What are valid protest grounds? The protest may be based on the applicant's qualifications listed in 16-4-401, MCA, or the grounds for denial of an application in 16-4-405, MCA. Examples of valid protest grounds include: (1) the applicant is unlikely to operate the establishment in compliance with the law; (2) the proposed location cannot be properly policed by local authorities; and (3) the welfare of the people in the vicinity of the proposed location will be adversely and seriously affected. How are protests submitted? Protests must be postmarked to the Department of Revenue, Office of Dispute Resolution, P.O. Box 5805, Helena, Montana 59604-5805 on or before March 28, 2020. What happens if the transfer is protested? Depending on the number of protests and the protest grounds, a public hearing will be held in Helena or Big Sky. All valid protestors will be notified of the hearing's time, date and location. Hearings typically are scheduled within 90 days. A protester's hearing testimony is limited to the grounds in the protester's letter. Following the hearing, the Department of Revenue will notify the public whether the license transfer is approved or denied. How can additional information be obtained? The cited MCA statutes are online at leg.mt.gov/bills/mca_toc/. Questions may be directed to Charlene Sholey, Compliance Specialist for the Department of Revenue's Alcoholic Beverage Control Division, at 443-3505 or Charlene.Sholey@mt.gov.

(Pub. FEB. 27, MAR. 5, 12, 2020)
MC COMMISS
MNAZLP

All proposals must be sealed and identified on the outside of the envelope as "Employee Group Benefits Proposal". Proposals must be received no later than March 23, 2020, at 5:00 p.m. by the Madison County Commissioners' Office at 103 W. Wallace Street, P.O. Box 278, Virginia City, MT 59755-0278. Sealed bids will be opened at the Commissioners' meeting on March 24, 2020 at 10:00 a.m. All proposals must be submitted in the format specified in the RFP with 10 copies available for the Employee Group Benefits Committee and Commissioners. Additional information may be obtained by contacting Laurn Buyan, Commissioners' Assistant, or a Madison County Commissioner at 406-843-4277, or mcdo@madisoncountymt.gov. Madison County reserves the right to reject any or all proposals, waive formalities, and to select the carrier and benefit options that best meet the needs of Madison County and its employees. Madison County reserves the right to select and terminate any servicing agent, agency, company or administrator.

/S/ Dan Allhands, Madison County Commission Chairman
(Pub. FEB. 27, MAR. 5, 12, 2020)
MC COMMISS
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NOTICE OF ELECTION

EAST BENCH IRRIGATION DISTRICT BOARD OF COMMISSIONERS
Please take notice that election for Commissioner for Precinct 3 of the East Bench Irrigation District will be held at the annual meeting thereof in the Courtroom of the Beaverhead County Courthouse, 2 S. Pacific St., Dillon, MT on April 2, 2020 at 7:00 P.M.

(Pub. MARCH 5, 12, 2020)
EAST BENCH IRRIGATION
MNAZLP

PUBLIC NOTICE

Montana Fish, Wildlife & Parks is seeking public comment on a proposal to temporarily close the Ennis Fishing Access Site on the Madison River for road construction. Located half a mile south of Ennis, the closure would take place during a 7-day, early-season construction window between April 1 and May 15. As there are no access alternatives to this FAS and for public safety, a full closure is required. Every effort will be made to notify the public in advance of this closure. Comments on this proposal can be submitted by email to jape@mt.gov; by phone at 406-577-7873; or by mail to FWP, Attn: Jay Page, 1400 S. 19th Ave., Bozeman, MT 59718. The deadline for comments is April 3.

(Pub. MARCH 5, 12, 2020)
MFWP
MNAZLP

NOTICE OF QUIET TITLE ACTION

Alanah Griffith Patrick Tillisch Griffith & Cummings, PC P.O. Box 160748 Big Sky, Montana 59716 (406) 624-3584 Alanah@BigSkyMTlaw.com Patrick@BigSkyMTlaw.com Attorneys for Plaintiff MONTANA FIFTH JUDICIAL DISTRICT COURT, MADISON COUNTY BING FAMILY, LLC, Plaintiff vs. THE ESTATE OF CYNTHIA E. BING, et al., Cause No. DV-29-2020-16 Bing Family, LLC, Plaintiff, has filed a quiet title action against The Estate of Cynthia E. Bing, Beardsley Stock Ranch, The Estate of Kathryn B. Prebensen, John D. and Sue Brack, Alicia and Ross Lingle, and other

(Pub. MARCH 12, 19, 26, 2020)
GRIFFITHS & CUMMINGS
MNAZLP

BOARD - NOTICE OF PUBLIC HEARING

The Madison County Planning Board will conduct a public hearing on Monday, March 30, 2020 at 6:15 pm in the Public Meeting Room of the Madison County Administrative Office Building, 103 W Wallace, Virginia City, Montana. While the public hearing was previously scheduled to occur on January 27, 2020, the applicant requested the item be postponed to address certain review details. The Planning Board will consider the agenda item and make a recommendation to the Board of County Commissioners who will take final action. A request by Lone Mountain Land Company on behalf of MB MT Acquisition LLC for Preliminary Plat approval of Lee's Pool Subdivision and Planned Unit Development (PUD), a 132-unit residential/commercial development that would divide the 233.78-acre subject property into five Condo lots, one future development lot, and two Open Space lots proposed to be developed as follows: Condo Lot 1 (35.60 acres) - four lodge buildings with 81 units, a spa facility, restaurant, and 13 detached guest cabins; Condo Lot 2 (4.95 acres) - a Ski Lodge, one chairlift terminal, and two detached residential condominiums; Condo Lot 3 (14.08 acres) - 17 detached residential condominiums; Condo Lot 4 (9.19 acres) - 9 detached residential condominiums; Condo Lot 5 (7.57 acres) - 10 detached residential condominiums; Lot R (89.72 acres) - to be re-divided and developed in the future; Open Space A (40.40 acres); Open Space B (9.91 acres). Accessed from Jack Creek Road via Lone Mountain Trail and Moonlight Trail, the subdivision would be served by an extension of existing public water and sewer services operated by Moonlight Basin Water & Sewer LLC. The proposed PUD regards a requested modification to standards outlined in Section IV-B-1(c)(3) of the Madison County Subdivision Regulations, to reduce the applicable construction setback from onsite waterways from 100'-0" to 40'-0". Located within the Moonlight Basin Overall Development Plan area, the subject property is legally described as Tract A1 of Certificate of Survey 2508 in the NE1/4, SE1/4, SW1/4 & NW1/4 of Section 12, Township 6 South, Range 2 East, P.M., Madison County, Montana. Comments should be received by 3:00 p.m. on March 30, 2020, and may be sent to the Madison County Planning Board by: Mail to P.O. Box 278, Virginia City, Montana, 59755; Fax to (406) 843-5229; or E-mail to planning@madisoncountymt.gov. Verbal or written comments may also be given at the public hearing. The preliminary plat and supplemental information pertaining to this proposed subdivision is available for review at: • Madison County Planning Department, 103 W. Wallace, Virginia City; • Madison Valley Library, 210 West Main Street, Ennis; • Big Sky Fire Department, Station 1, 650 Rainbow Trout Run, Big Sky Call (406) 843-5250 for more information. Darlene Tussing, President, Madison County Planning Board (Pub. MARCH 12, 19, 2020)
MC PLANNING BOARD
MNAZLP

YEAR 2020 HERBICIDE CONTRACT

Year 2020 Herbicide Contract Madison County Weed Board Year 2020 Herbicide Contract Advertisement for Bids Madison County Weed Board is calling for sealed quotes for Noxious Weed Herbicides for the 2020 Madison County Weed Management Season. Quote specification (Type and Amount of Herbicides), and invitation to quote forms are available at the Madison County Weed Board Office, 2296 Hwy. 287, Alder, P.O. Box 278, Virginia City, Montana, 59755.

Quotes will be accepted until the close of business, 12:00 P.M. Thursday, April 2, 2020. Quotes will be opened and read publicly at the regular Weed Board Meeting at the Weed Board Office, Alder, Montana, at 2:00 P.M. Thursday April 9, 2019.

The contract will be awarded to the bidder whose bid is most beneficial to the County. Consideration will be given to Madison County resident bidders in accordance with MCA 7-5-2309, part 1, which states "If there are no out of state bidders for a contract subject to competitive bid under this part, the contract may be awarded to the lowest and best responsible bidder that is a County Resident and that makes a bid that is no more than \$500.00 or 3% higher, whichever is less, than the bid of the lowest responsible bidder that is not a County Resident". Prices are to be guaranteed to September 30, 2020. Madison County Weed Board reserves the right to reject any or all irregularities in Quotes.

Date: February 13, 2020
/s/ John Armstrong, Chairperson Madison County Weed Board
/s/ Dan Allhands, Chairman Madison County Commissioners
(Pub. MARCH 12, 19, 26, APRIL 2, 2020)
MC WEED BOARD
MNAZLP

NOTICE OF HEARING ON NAME CHANGE

MONTANA 5TH JUDICIAL DISTRICT COURT, MADISON COUNTY. CAUSE NO.: DV-29-2020-17. In the matter of the name change of TAMMIE TUMSDEN, Petitioner This is notice that Petitioner has asked the District Court for a change of name from TAMMIE LYNN TUMSDEN to TAMMIE LYNN SALSTROM.

The hearing will be on April 13, 2020 at 11:30 a.m.. The hearing will be at the courthouse in Madison County.

Date: March 3, 2020
Karen J. Miller
Clerk of District Court
/s/ Carmine Hill
Deputy Clerk of Court
(Pub. MARCH 12, 19, 26, APRIL 2, 2020)
TUMSDEN
MNAZLP

Property Assessment Visits

Property valuation staff may be visiting your property during the upcoming tax year to conduct an on-site review for property tax purposes. Notify your local DOR in writing within 30 days of this publication if you wish to be present.

MONTANA
Department of
REVENUE

For an appointment or further information, contact your local DOR field office. For locations and contact information, visit MTRevenue.gov or call (406) 444-6900.

PUBLIC NOTICE - MINUTES

Minutes of the Madison County Board of Commissioners' meetings for the period beginning January 1, 2020, and ending on January 31, 2020, are now available for public review in the office of the Clerk and Recorder at the Madison County Administrative Office Building in Virginia City, MT. Individual requests for personal copies of these minutes, or any previous minutes, will be accepted by the Clerk and Recorder in her office. Approved minutes can also be viewed on the Madison County website at www.madisoncountymt.gov. Signed this 6th day of March, 2020. Kathleen Mumme Madison County Clerk and Recorder

(Pub. MARCH 12, 19, 26, 2020)
MC COMMISS
MNAZLP

MADISON COUNTY PLANNING

Madison County Sanitarian's Office
P.O. Box 278 - 103 W. Wallace Street
Virginia City, MT 59755
(O) 406-843-4275 sanitarian@madisoncountymt.gov

SERVSAFE TRAINING

The Madison County Sanitarian's Office will be holding a ServSafe training. A successful passing grade will satisfy the Montana Food Code, which requires all licensed food establishments to have a Certified Food Manager on staff.

The date and location is listed below:

DATE: MARCH 30, 2020, MONDAY, 8:00AM-5:00PM

MADISON COUNTY PUBLIC MEETING ROOM VIRGINIA CITY

Fee: \$75.00

Registration Deadline: One week prior to the class

Registration forms can be found on the Sanitarian's page of the Madison County website at madisoncountymt.gov or the Sanitarian's Office, located at 103 W. Wallace Street in Virginia City.

Textbooks will be available for pick at the Madison County Sanitarian's Office. Applicants must be registered and fee paid in advance of receiving your textbook and exam materials. Lunch will be provided at no cost. Please call the Sanitarian's Office at 843-4275 to register for this training. Seating is limited, so please register early.

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MEDICAL CENTER



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Our physical therapists will create a personalized treatment plan to help you get back to the things you love to do.

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VOLUNTEER SPOTLIGHT



Kenna Krist (kindergartener) and Callie Kaiser (freshman) will be able to continue their relationship until Kaiser graduates.
PHOTO COURTESY OF TAMMY BELICE

High School Buddies

HANNAH KEARSE
THE MADISONIAN

Tammy Belice, counselor at Twin Bridges Schools, and Superintendent Thad Kaiser took 11 high schoolers to a Montana High School Association leadership conference in October. A couple speakers at the conference had been high school coaches and one talked about implementing a mentorship program for their athletes to be a part of.

"It's something I've wanted to do in the last year and a half," Belice said.

Back from the conference, Belice asked the students who attended what they thought of having a similar program in their schools. The high schoolers liked the idea and so did most of the high school population.

After surveying the rest of the high schoolers, all but five or six were on board, Belice said. "It ended up turning into every student in grades K-3 have a high school buddy."

Beginning consistently after Christmas break,

boys meet with their buddies at 8 a.m. on Tuesday mornings and girls on Wednesdays. Belice was impressed with the students' dedication to the program, getting to school ahead of time rather than being incentivized by missing part of a class once a week.

Buddies play games, eat breakfast, go outside, or just talk and catch up. The idea is similar to a reading buddies program in some schools, but more focused on the social component of education.

The highlight of Belice's week is watching these students interact and build relationships. The younger students in the buddy group talk about it all week long and anticipate hanging out with their older friends.

"The kids really look forward to it and you see some of those kids wanting to be at school. They have that person," Belice said.

She plans on continuing the mentorship program next school year. Students were paired in such a way to keep them together for as long as possible, kindergarteners with freshman for example, enabling long-term relationships and support.



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Broker
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Tanya Matson
Sales Associate
406.580.6987

Jenny Rohrback
Sales Associate
406.868.3175

www.PureWestRealEstate.com

All information deemed reliable but not guaranteed



Pet of the Week

Because it's time to meet your match.

Greetings, I was abandoned and I'm looking for a home where that won't ever happen again. I'm about 2 years old, tested, UTD on vaccinations and now neutered. I'm a loving, gentle guy. Love to be petted and loved. I'm good inside and out and purrrfer both. Would ya, could ya, can I coax you to call Misty at 439-1405 and give me a wonderful loving home? Rogan



2 Metlly Lane | Twin Bridges, MT



Rogan

FIND FELLOWSHIP WITH US

LENTEN BREAKFAST SCHEDULE

BREAKFAST SERVED EACH WEDNESDAY AT 7 A.M.

MARCH 4: M.V. PRESBYTERIAN CHURCH

MARCH 11: M.V. BAPTIST CHURCH

MARCH 18: ST. PATRICK'S CATHOLIC CHURCH

MARCH 25: TRINITY EPISCOPAL CHURCH

APRIL 1: ASSEMBLY OF GOD CHURCH

Monthly Open Bible Study & Discussion

Families, kids & everyone welcomed!

4th Saturday each month 2-5pm

Twin Bridges

Senior & Community Center

March 23 topic: Book of Esther

Info (406) 684-5181 Scott or Dawn

Christian Science Services

Sunday Service & Sunday School 10 a.m.

ALL WELCOME

Each week a Bible lesson full of healing Christian concepts is read aloud in our Sunday service.

4983 US Hwy 287 N. • Ennis, Montana

www.ChristianScience.com

CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Sheridan Ward - Visitors Welcome

Sacrament Meeting

Sundays, 10:00 a.m.

Sunday School

11:20 a.m.

R S & Priesthood

12:10 p.m.

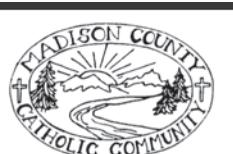
Mutual (Youth Group)

Weds. 7:00 p.m.

3560 | MT State Hwy 287

Sheridan 842-5860

Bishop Shaw 684-5255



MADISON COUNTY CATHOLIC COMMUNITY'S MASS SCHEDULE

Saturday 4pm at St. Joseph's, Sheridan

Sunday at 11 am St. Patrick's, Ennis

Sunday 9:30am at St. Mary's, Laurin

Sunday at 8 am Notre Dame, Twin Bridges

Saturday at 4 pm St. Joseph's, Sheridan

Wednesday Mass

Tuesday and Thursday 7:30am at St. Joseph's

Wednesday 8am at St. Patrick's

Please call the Rectory for the daily Mass schedule at 842-5588 Father John Crutchfield, Pastor

HARRISON COMMUNITY CHURCH

Harrison, Montana

Adult Bible Study ~ 9:30 a.m.

Sunday School & Church Services ~ 10:30 a.m.

Pastor Joe Miller

Come Worship & Sing Praises To Our God. Spread the Word!



MADISON VALLEY PRESBYTERIAN CHURCH

WORSHIP

September - April ~ 11 a.m.

May - August ~ 9:30 a.m.

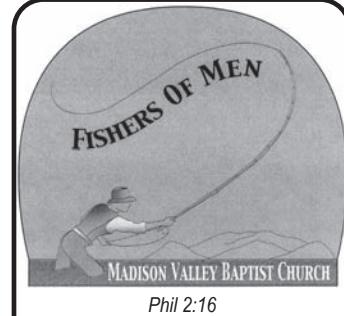
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Rev. STEVE HUNDLEY

682-4355 ~ Ennis

Corner of S. Charles & W. Hugel



Phil 2:16

Holding forth the word of life:

Dr. Ray Teston

Pastor

Peter Rosenberger

Minister of Music

Sunday School ~ 9:45 a.m.

Morning Worship ~ 11:00 a.m.

Weds. Nights ~ prayer meeting 6 p.m.

5050 Hwy 287, P.O Box 668, Ennis, MT

Phone 682-4244 SBC

MADISON VALLEY BAPTIST CHURCH

Aides for the hearing impaired

Ruby Valley United Methodist Parish

Invites You To Worship With Us

Reverend Tonya Whaley

Office: (406) 842-5934

Church of the Valley

Twin Bridges

Worship & Sunday School

9:45 a.m.

Bethel UMC

Sheridan

Worship 8:30 a.m.

Sunday School 9:45 a.m.

Ready Set Grow Preschool

Contact Donna Gilman 596-0456

SUNDAY SERVICES

10:00AM at the Alder School

ALDER, MT

Sunday School 9AM

Christ-Centered • Bible Based Teaching

Open Question Forum

(406) 842-5915

Pastor Tom Luksha



THE BAHÁ'Í FAITH
The Great Being saith:
O ye children of men! The fundamental purpose animating the Faith of God and His Religion is to safeguard the interests and promote the unity of the human race, and to foster the spirit of love and fellowship amongst men. Suffer it not to become a source of dissension and discord, of hate and enmity. This is the straight Path, the fixed and immovable foundation.

www.bahai.org | 406-451-3923

Bahá'ís of Madison County

ENNIS ASSEMBLY OF GOD
Loving God, Loving People
Sunday School 9:30 AM
Worship Service 10:30 AM
Wednesday Ministries
Kids Club Submerge (K-6) 3:15 PM
Family Dinner 5:30 PM
Youth and Adult Bible Study/Prayer Meeting 6:30 PM
Pastor Greg Ledgerwood
402 Madison Ave - Ennis, MT 682-4197

Madison County Episcopal Churches
In full communion with the Evangelical Lutheran Church in America

Join Us for Sunday Worship!

Trinity Jeffers/Ennis 10 a.m. adult forum 11:00 a.m. www.rvec.org	St. Paul's Virginia City Sunday 9:00 a.m. Prayer requests: 682-4199 843-5296 842-7713	Christ Church Sheridan Sunday 10:00 a.m. Bible Study 9:00 a.m.
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GET RESULTS.
advertise in The Madisonian.
call 682-7755 to make a plan.

King Crossword — Answers
Solution time: 25 mins.

ENNIS FAMILY and FRIENDS SUPPORT GROUP
100 Prairie Way, Ennis (599-3659)
For those who have a loved one struggling with any type of addiction
Tuesdays ~ 5 p.m.

ALCOHOLICS ANONYMOUS
Meeting Every Thurs. at 8 p.m., Church of the Valley, Twin Bridges
ALANON MEETING
Same Time - Same Place

ALANON Twin Bridges • Church of the Valley Thursdays, 8 pm	"Keep it Simple." A.A. MEETING Bethany Hall, Sheridan (behind Methodist Church) Wednesdays ~ 8 p.m.
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AREA SENIOR MEALS

ENNIS SENIOR CENTER

315 W Main Street • Monday – Friday 10 a.m. – 2 p.m., Reservations 682-4422. To help us plan, please call at least 24 hours in advance for meal delivery or if you plan to dine in.

Thursday, March 12 – Pioneer woman chicken bake, rice pilaf, veggies, dessert - "Red Hat Ladies"

Friday, March 13 – Tuna wrap, chips, fruit, dessert - Pinochle at 12:30 p.m.

Monday, March 16 – Turkey dip, onion rings, pickle, dessert - Mahjong @ 1 p.m.

Tuesday March 17 – Corned beef, cabbage, potatoes, dessert - Pan at 12:45 p.m.

Wednesday March 18 – BBQ Chicken, 3 bean salad, cornbread, dessert - Mahjong at 1 p.m.

Thursday, March 19 – Beef pasty, potato salad, dessert - "Happy Birthday"

Friday, March 20 – Baked fish, rice, veggies, dessert - Pinochle at 12:30 p.m..

RUBY VALLEY FOOD PANTRY, SHERIDAN

Open Saturdays from 10 a.m. - 12 noon. Located at 114 N. Main St., in Valley Assembly (formerly New Beginnings). Serving the Ruby Valley from Silver Star to Virginia City. Contact Doug 842-5587 or Jim 842-5573 for more information.

SENIOR CENTER, SHERIDAN

The Sheridan Senior Center offers meals for seniors 60 years and older. Seniors may choose to eat at the Senior Center, family style for \$4 or have their meals delivered for \$4.50 (Meals on Wheels). Meals on Wheels are within the city limits of Sheridan and should be called in by 10 a.m. Contact Shirley Sand at 842-5966. 201 Croft Street (the former Ruby Valley Medical Clinic).

VIRGINIA CITY CAFÉ

Senior meals for Madison County Seniors 60 and over will be served at the Virginia City Cafe on Tuesdays & Thursdays from 11 a.m. to 3 p.m. for \$4.00.

Thursday, March 12 - Pot roast, potatoes, carrots, dessert

Tuesday, March 17 - French dip, fries, dessert

TWIN BRIDGES SENIOR CENTER

The Twin Bridges Senior and Community Center provides meals for seniors every Monday, Wednesday and Friday at noon at the Twin Bridges Senior and Community Center. Meals are for seniors 60 years and up (spouses and caregivers are invited). Donations for meals are appreciated. Fresh home baked bread served with each meal. Activities: Monday is Bingo with Gayle; Wednesday is cards, games and puzzles; Blood pressure clinic (with county health nurse) - Each last Wednesday at 11:30 a.m.

Friday, March 13 - ST. PATRICK'S DAY MEAL

Corned beef & cabbage, soda bread, Irish cream cake

Monday, March 16 - Pork chops with mushrooms & swiss cheese, potato, veggie salad, dessert

Wednesday, March 18 - Meal loaf, mashed potato, veggie, salad, apple-rhubarb crisp

HOLLOW TOP SENIOR CITIZENS

Pony, Harrison and Norris. The Hollow Top Seniors meet at the Senior Citizen Center in Pony every Monday and Wednesday at noon. Call 685-3323 for more information.

Wednesday, March 11 - Pork enchiladas

Monday, March 16 - Saucy fish bake

Wednesday, March 18 - Corned beef

LIFERING

A Lift Ring group is starting in Ennis. Lifering is an abstinence-based, worldwide network of people seeking to live in recovery from addiction to alcohol or non-medically indicated drugs.

In Lifering, we offer each other peer-to-peer support to encourage personal growth and empowerment. Those interested in participating, can call 682-4463.

• Our obituaries are FREE up to 450 words. (25¢ for each word after 450)

• We offer 20% off non-profit advertising

• Lost and Found classifieds are FREE!

Did you know?
682-7755





PHOTO BY DAVID DETRICK

OUTPOSTEVENTS.NET

WEDNESDAY, MARCH 11

7 a.m. Lenten Breakfasts

Breakfast on Wednesdays through Lent at Ruby Valley Churches. This breakfast will be served at Saint Mary's Catholic Church in Laurin.

Noon

Brown Bag Lunch: Dynamic Butte in Time Lapse

Montana author Doug Ammons presents "Dynamic Butte in Time Lapse" at the Butte-Silver Bow Public Archives.

8:30 a.m.- 12 p.m. Free Income Tax Preparation

For seniors and others with low-moderate income. By appointment only at the Ennis Senior Center.

THURSDAY, MARCH 12

1 p.m. Madison Valley Book Club

All are welcome to discuss Where the Crawdads Sing by Delia Owens at the Madison Valley Public Library.

SATURDAY, MARCH 14

8:30 a.m.- 3 p.m. Free Income Tax Preparation

For seniors and others with low-moderate income. By appointment only at the Ennis Senior Center.

6 p.m.

Elks Lodge St. Paddy's Dinner

Get your corn beef fix! Call the Virginia City Elks Lodge to reserve a spot or get your tickets at the door.

6 p.m.

Pinocchio Party

Everyone is welcomed to the Pinocchio Card Parties every Saturday evening in March at the Bear Creek Schoolhouse, 636 Bear Creek Loop, Cameron. Coffee, water and snacks provided.

MONDAY, MARCH 16

6 p.m. Financial Peace University

Dave Ramsey's 9-week financial education course led by Chris and Brittany Hirsch. Information and signups are through the Madison Valley Public Library.

WEDNESDAY, MARCH 18

7 a.m. Lenten Breakfasts

Breakfast on Wednesdays through Lent at Ruby Valley Churches. This breakfast will be served at Valley Assembly, 114 N Main St, Sheridan.

8:30 a.m.- 12 p.m., 1-4 p.m. Free Income Tax Preparation

For seniors and others with low-moderate income. By appointment only at the Ennis Senior Center.

4 - 5:30 p.m. Joint Replacement Class

This free class is limited so call Madison Valley Medical Center to reserve a spot. It will be in the MVMC Rehabilitation Gym.

THURSDAY, MARCH 19

4 p.m. MVHA Presents Rollie Hebel on the Bicentennial Wagon Train

Come celebrate the town's namesake, William Ennis's, birthday at the Ennis Senior Center. Serving cake and ice cream.

5:30 p.m.

DUI Task Force Meeting

The public is welcome and encouraged to attend the meeting at the Commissioner Conference Room in Virginia City.

SATURDAY, MARCH 21

10 a.m.

Madison County Democrats Meeting

Meeting at the Thompson-Hickman Library in Virginia City.

Noon

Meet Bryce Bennett, Candidate for Secretary of State

Come meet Bryce Bennett at the Thompson-Hickman Library in Virginia City. The meeting is open to all and refreshments will be served.

6:30 p.m.

Chautauqua

At the Elling House Arts & Humanities Center in Virginia City. Open to all seeking entertainment, intellectual or spiritual growth and local culture.

WEDNESDAY, MARCH 25

7 a.m.

Lenten Breakfasts

Breakfast on Wednesdays through Lent at Ruby Valley Churches. This breakfast will be served at the Church of the Valley, Social Hall in Twin Bridges.

8:30 a.m.- 12 p.m.

Free Income Tax Preparation

For seniors and others with low-moderate income. By appointment only at the Ennis Senior Center.

SATURDAY, MARCH 28

8:30 a.m.- 3 p.m.

Free Income Tax Preparation

For seniors and others with low-moderate income. By appointment only at the Ennis Senior Center.

2 p.m.

12th Annual Poker Tournament

Throw on the poker table for the kids! The Texas Hold'em Scholarship Tournament at the Silver Dollar Saloon in Ennis benefits students at Ennis High School.

2 p.m. - 5 p.m.

Youth of Madison County Art Show

Celebrate Madison County's youth art at the Elling House Arts and Humanities Center in Virginia City.

6 p.m.

V.C. Rural Fire Dept. Cake Walk

The entire family is sure to have a ball at the annual Virginia City Cake Walk. Come to the Elks' Lodge to get sugared up for a good cause.

WEDNESDAY, APRIL 1

8:30 a.m.- 12 p.m., 1-4 p.m.

Free Income Tax Preparation

For seniors and others with low-moderate income. By appointment only at the Ennis Senior Center.

6:30 p.m.

Project Lead the Way Dinner

Twin Bridges Schools will receive a national "Distinguished Classroom" award. Come learn more at dinner at the Twin Bridges School.

SATURDAY, APRIL 4

10 a.m. - 6 p.m.

Spring Jubilee Vendor Show

Visit numerous hand-crafted vendors at the Madison County Fairgrounds in Twin Bridges. The first 50 patrons can participate in a scavenger hunt, which will have free prizes.

SCHOOL BOARD MEETINGS

SECOND MONDAY OF EVERY MONTH

7 p.m.

Harrison School Board Meeting

Meet at Harrison School.

SECOND TUESDAY OF EVERY MONTH

7 p.m.

Twin Bridges School Board Meeting

Meet at Twin Bridges School

SECOND WEDNESDAY OF EVERY MONTH

5 p.m.

Ennis School Board Meeting

Meet at Ennis School

SECOND THURSDAY OF EVERY MONTH

5 p.m.

Alder School Board Meeting

Meet at Alder School

MONDAYS

2:30 p.m.

Madison County Mental Health Local Advisory Council, Virginia City

Meeting the first Monday of each month from 2:30 - 4:30 p.m. at Thompson-Hickman Library.

10:30 a.m.

Ennis Arts Association, Ennis

Meet on the second Monday of every month. ennisartsassociation.org

2 p.m.

Crafters Unite, Twin Bridges

Twin Bridges Library

5:15 P.M.

First and Third Monday of Every Month. Free

Meditation Classes at Sheridan Public Library.

6 p.m.

Dementia Caregiver Support Group

This support group provides emotional, educational and social support for family and friend of individuals with dementia. Join the group at the Sheridan Senior Center.

TUESDAYS

9 a.m.

Historic Newspaper

Reading Group

At the Sheridan Public Library.

9:30 a.m.

Commissioner's Meeting, Virginia City

Madison Co. Commissioners meet every Tuesday in the Annex Building.

R

10:30 a.m.

Children's Story & Craft Time, Virginia City

Every Tuesday at the Thompson Hickman Library.

G

First and Third Tuesday of Every Month

Dementia Care Giver

Support Group

Join us at the Tobacco Root Care Center Conference Room. The third Tuesday is a training session.

A

Second and fourth Tuesday of every month

Mental Health Support Group

Join us at the Madison Valley Medical Center (emergency room entrance)

E

7 p.m.

Movie Night, Virginia City

Movie Night at the Thompson-Hickman

Madison County Library

Every other Tuesday night.

V

Open Table Tennis, Pony 7 - 9 p.m.

For all ages and skill levels

- Two Tables at the Pony School.

N

Support group, Ennis

Ennis family and friends support group for those

struggling with addiction. 5 p.m. 100 Prairie Way.

T

WEDNESDAYS

8:30 a.m.

TOPS, Ennis

Weekly weigh-ins are at 9 a.m.

Meetings at 9:30 a.m.

MVMC in downstairs conference room.

S

9:30 a.m.

Yoga with Emily

Join us for yoga with Emily at the Thompson- Hickman

E

11 A.M.

First and Third Saturday

of Every Month. Romp

& Rhythm Story Time at

Madison Valley Library.

S

2 p.m.

Live Music, Ennis

Willie's Distillery hosts live

music in the tasting room